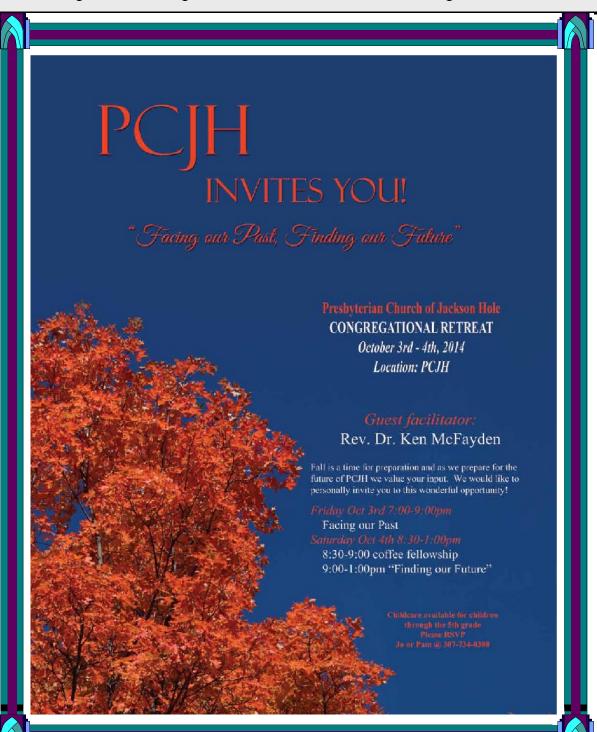


Not your Ordinary Newsletter. . . Not Your Ordinary Church



A WORD FROM PASTOR BEN PASCAL

Every Member a Minister

Dear PCJH Family,

"I am the vine; you are the branches. If a man abides in me and I in him, he will bear much fruit; apart from me you can do nothing." ~Jesus in John 15:5

Abiding in Christ is key to a thriving spiritual life. How are you doing spiritually? Are you thriving? Are you abiding in Christ? What does "abiding in Christ" look like in everyday life? I hope to give you some examples, if you keep reading.

It has been extremely important that I focus on abiding in Christ in order to continue to thrive in life and ministry. 2014 has been a busy year. Someone once said that if the devil can't make you *bad*, he will make you *busy*. Busyness gets in the way of abiding in Christ.

A member of PCJH recently gave me a book entitled, "Seven Spiritual Practices for Busy People" by Rev. Dr. Timothy L. Smith. It has been a great resource for me as I continue to strive to have spiritual disciplines as part of my life so that I can be a pastor who leads our congregation from a place of abundance in Christ.

This is a summary of the book...

Practice One: The Daily God Hunt

The idea behind this practice is to have open eyes and open ears to what God is doing in and around you each and every day, throughout the day. It is being present with God in any and every circumstance, whether you are alone or with others; whether you are at home or at work; whether you are in nature or in a building. Practice looking for God throughout your day and join God in whatever God is doing.

Practice Two: Palms Down, Palms Up

Richard Foster describes the steps of praying *Palms Down*, Palms Up like this: "Begin by placing your palms down as a symbolic indication of your desire to turn over any concerns you may have to God. Inwardly you may pray, 'Lord, I give to you my anger toward John. I release my fear of my dentist appointment this morning. I surrender my anxiety over not having enough money to pay the bills this month. I release my frustration over trying to find a babysitter for tonight.' Whatever it is that weighs on your mind or is a concern to you... release it. You may even feel a certain sense of release in your hands. After several moments of surrender, turn your palms up as a symbol of your desire to receive from the Lord. Perhaps you will pray silently, 'Lord, I would like to receive your divine love for John, your peace about my dentist appointment, your patience, your joy.' Having centered down, spend the remaining moments in complete silence. Do not ask for anything. Allow the Lord to commune with you, to love you."

Practice Three: Praying Scripture

Take a passage of Scripture (like Psalm 23) and read it four times. The first time just read it without analyzing it... just let the words be spoken. The second time, read it and

listen for a word or phrase that jumps out at you. The third time, read it and listen for an image or feeling that jumps out at you. The fourth time, read it and listen for what God is calling you to do in response to God's word. This is a great form of bible study that does not require anything more than listening and reflecting. It's a great way to pray and allow God to speak to you.

Practice Four: Prayer Walking

Go for a walk and pray. It's that simple. Take it to the next level and go and walk in an area of your neighborhood or in town and specifically pray for the people you see, the organizations or businesses you pass, and the homes and families you walk by.

Practice Five: Unplugging

This is one of my favorites. Unplug from your mobile devices. On Monday nights the Pascal family turns their phones off and puts them away for "Family Night." Turn off the TV, the iPad, the laptop, the desktop, the iPod, the cell phone, and the video games. Be present with the people around you. Be present with God.

Practice Six: Imaginative Prayer

Here are the steps to imaginative prayers as outlined by Timothy Smith. "Pick a gospel story to read. Ask the Holy Spirit to reveal the Living Word, Christ Jesus, in the words you read. Read the gospel story slowly, prayerfully, two or three times. Having read the story, now with your mind's eye enter into it. Using your five senses, smell the scents of the Passover meal; see Jesus as he washes his disciples' feet; hear the sounds from the street; feel the sweat dripping from your face; listen to what Jesus is saying to the disciples and what they are saying to him. Linger over the scene and let yourself become part of the story. Let yourself see Jesus coming to you. What do you want to say to him? What do you hear him saying to you?"

Practice Seven: Abba Prayer

"Abba" is an Aramaic word that is most closely translated as "Daddy." It is a name used by a child in a loving, affectionate and intimate way. It is a word we can use for God as we come to him like a child comes to their Loving Father. Find a relaxing place of rest. After you have taken a few deep breaths and are relaxed, begin the Abba prayer. Breathe in slowly while saying "Abba"; breathe out slowly while saying "I belong to you." Repeat this several times and rest in God's presence, knowing that God loves you and you are his child.

If you would like to purchase Rev. Dr. Timothy L. Smith's short devotional book for your own personal use, you can find it at www.waterfromrock.org

May these seven practices challenge and encourage us to abide in Christ so that we will bear much fruit in our lives, and glorify God.

On the jour ney with you,

~Pastor Ben

PRESBYTERIAN CHURCH OF JACKSON HOLE





Children, Youth & Family Newsletter

Children, Youth & Family Newsletter

October, 2014

Save the Dates

Wednesday, October 1

After School Program

Sunday, October 5

6-7:15pm HS Youth Group

Wednesday, October 8

After School Program

Sunday, October 12

11:30-1:30pm Safe Church Trng 6-7:15pm HS Youth Group

Wednesday, October 15

After School Program

Sunday, October 19

6-7:15pm HS Youth Group

Wednesday, October 22

After School Program

Sunday, October 26

6-7:15pm HS Youth Group

Wednesday, October 29

After School Program



GAMES BEGIN October 3rd, 6pm JHMS October 5th, 9am PCJH

Come see what this Upwards craze is all about! Contract Linda Hanlon for more information at 739-9591 x 124 or upward@pcjh.org





SAFE CHURCH TRAINING

Sunday, October 12th in the Genesis Room (RSVP to Diane McGee at 739-9591 x 104 or dmcgee @pcjh.org)

- *All new staff, Elders, Deacons are CYF Volunteers are required to complete this training course.
- *Lunch and childcare will be provided
- *PCJH implemented our formal Safe Church Policy in January, 2012, to continue to ensure that the children any outh who participate in programs and activities within our church community have a safe and secure environment.
- *PCJH members and attendees are also welcome to attend.

The Pinnacle
The Presbyterian Church of Jackson Hole
Box 7530
1251 South Park Loop Road
Jackson, WY 83002
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It is hard to believe that September has already come and gone. We had a wonderful first month of school learning about our school, making friends and learning together. We loved getting to learn about God being with us wherever we go! (Joshua 1:9). We look forward to fall and all the fun it brings with it....pumpkins, apples, leaves changing and more. Our annual Pumpkin Party will be Wednesday, October 29th and Thursday October 30th.



READY TO HIT THE BOOKS? Visit the PCJH Library!

Please stop in and "check out" our growing collection. The shelves are full of books just waiting to help you grow your faith, strengthen relationships, and answer tough questions. Here are a few books that you can find on the round table in the library:



Hard Sayings of Jesus by F.F. Bruce

As Bruce examines 70 of the hard sayings of Jesus, he "clears away the cultural and historical difficulties which keep us from grappling with the real challenges of Jesus' message.

A Bible Study on Becoming a Woman of Grace by Cynthia Heald

"A study for individuals as well as groups and for women of any age and season of life." Ms. Heald has written a series of bible studies and this is a great one! You will search the scriptures and grow closer to God as you seek to "understand, experience and reflect HIS grace."

<u>The Five Love Languages: How to Express Heartfelt Commitment to your Mate</u> by Gary Chapman "What speaks volumes to you may be meaningless to your spouse. Here is the key to understanding each other's unique needs."

The Transforming Power of Fasting and Prayer: Personal Accounts of Spiritual Renewal by Bill Bright

"This is a book of personal accounts of extended fasting and prayer, written from a spiritual perspective to encourage the body of Christ." You will read "powerful stories of men, women, churches, and cities who are changing their world through fasting and prayer."



What's Building at PCJH?

As many of you know, housing has become a significant issue in Jackson Hole. Also, as we already own the lot behind the sanctuary in Indian Trails, we are investigating building a house or "manse" for our new Associate Pastor. This would be our second manse, as Pastor Ben and his family live in a manse in Rafter J.

Additionally, in an effort to steward the assets of PCJH, our ruling elders have asked that we explore the possible uses of the approximate four acres of land we own on the east side of the parking lot.

A small committee has been formed to shepherd these two projects. Should you have any ideas or concerns please contact the ruling elder members of the committee, either Alan Lund (alan.lund32@gmail.com) or Larry Huhn (jackfoodwy@gmail.com).

PEACEMAKING OFFERING October 5, 2014



There are four Special Offerings of the Presbyterian Church (USA); the *Peacemaking Offering* is one of those four. It is received during World Communion Sunday on the first Sunday in October. It supports the peacemaking efforts of the Church at every level. It provides an opportunity to witness God's Peacegiving in the world. We are called to be agents of reconciliation for individuals, for families, and for communities, as well as in the international arena. We are called to do what we individually and collectively can do to build a culture of peace in the world.

Each congregation is encouraged to keep 25% of this offering for its own peacemaking efforts ... 25% will be used to support Presbytery and Synod peacemaking, and 50% will be forwarded to the Presbyterian Peacemaking Program of the General Assembly (the national level of PC(USA). You may visit www.pcusa.org to learn more.

We, who enjoy so much peace in our lives compared to most of the rest of the world, have an opportunity with this offering to share some of our good fortune with so many others in need. We hope you will wish to participate! You may use *Peacemaking* envelopes from the display or your bulletin on Sunday, October 5.

Thank you so much. The Mission Team

Congregational Retreat: October 3rd & 4th

The Church Council of PCJH has called a congregational retreat for the first weekend of October. The purpose of the retreat is to come together to process our past and envision our future as a congregation. Rev. Dr. Ken McFayden will be our retreat facilitator. McFayden is the author of *Strategic Leadership for a Change: Facing our Losses, Finding our Future.* He specializes in helping churches effectively envision their future together. He is also Professor and Dean of the Center for Ministry and Leadership Development at Union Theological Seminary and the Presbyterian School of Christian Education. He is an ordained Presbyterian minister.

The congregational retreat will take place on the evening of Friday, October 3rd and during the morning of Saturday, October 4th. The retreat will be held at PCJH so that everyone has the opportunity to attend. Childcare will be available. Here is the schedule:

Friday, October 3rd - Facing our Past

7:00pm Evening Worship "Gratitude for God's Faithfulness" by Pastor Ben

7:30pm "Facing our Past" Plenary Session by Ken McFayden

9:00pm Depart

Saturday, October 4th – Finding our Future

8:30am Coffee Fellowship

9:00am Morning Worship "Finding our Future" by Ken McFayden

9:30am Overview of Focus Group Activity

10:00am Focus Groups

11:15am Break

11:30am Large Group Discussion of Focus Group Priorities

12:30pm Closing Thoughts & Reflections by Rev. Dr. Ken McFayden

1:00pm Depart

It will be important to have as many people as possible involved in this very important event.

Gather, Grow, and Go on Wednesday Evenings!

Our Wednesday mid-week fellowship dinner and programs have started back up in full swing! Here's the schedule for Wednesday nights. Come to whatever part of the evening you are able.

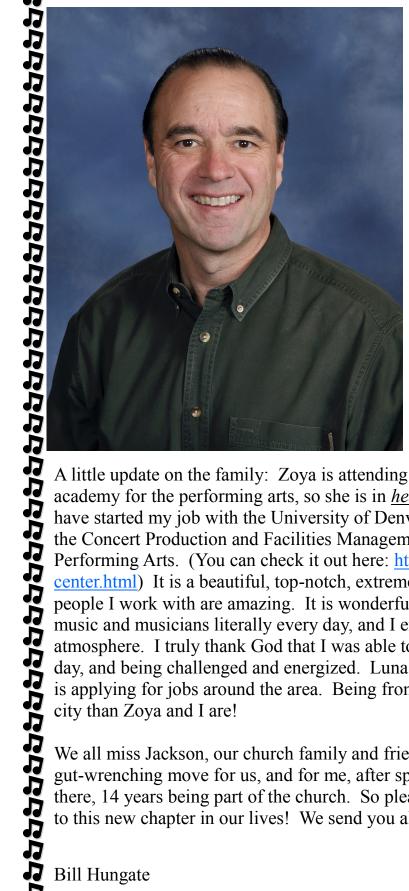
5:15pm Worship with Pastor Ben 6:00pm Fellowship Dinner

6:45pm Programs for children and adults 8:00pm Koinonia (20s & 30s Ministry)

Our time of **worship** at 5:15pm takes place in the Genesis room. It is a chance for us to unwind from our day and center our hearts and minds on God before we eat dinner together. During worship we will sing songs of praise, pray together, and focus on a passage of Scripture for an evening devotional.

Our **fellowship dinner** at 6:00pm is dinner as usual. We continue to look for people who have the heart to serve through cooking, set-up and clean-up.

Our **programs** at 6:45pm for children and adults consist of adult classes, youth group, choir, and childcare. The programmatic time is meant to include all ages so that individuals and families can all participate. Our 7:45pm ending time is meant to assist everyone (especially parents with young children) to get home at a reasonable bedtime. Koinonia (our 20s & 30s ministry) will meet after all the other programs at 8:00pm for a time of fellowship and study.



September 6, 2014

Dear PCJH Family:

Greetings from Littleton, Colorado! We finally feel like we have "landed," and have begun to settle in to our new life here.

First of all, I want to thank you all for your extreme generosity towards me and my family. The parting gifts I received from you all were amazing, surprising, and more helpful than you can possibly imagine! Thank you also for your kind words and wishes in the cards and letters you took the time to send me. It made it all the harder to leave Jackson. I hope God blesses you as richly as you have blessed us. Thank you, from the bottom of my heart.

A little update on the family: Zoya is attending a public magnet school that is an academy for the performing arts, so she is in *heaven*! That worked out really well! I have started my job with the University of Denver Lamont School of Music working in the Concert Production and Facilities Management area in the Newman Center for the Performing Arts. (You can check it out here: http://www.du.edu/ahss/lamont/newmancenter.html) It is a beautiful, top-notch, extremely busy venue, and thankfully the people I work with are amazing. It is wonderful to have the opportunity to hear great music and musicians literally every day, and I enjoy the energy of the collegiate atmosphere. I truly thank God that I was able to land this job. I am learning a lot every day, and being challenged and energized. Luna continues to work on her English, and is applying for jobs around the area. Being from Bogota, she is more at home in the big city than Zoya and I are!

We all miss Jackson, our church family and friends so much. This was truly a gut-wrenching move for us, and for me, after spending the last 23 years of my life there, 14 years being part of the church. So please keep us in your prayers as we adjust to this new chapter in our lives! We send you all our love and best wishes!

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MIDDLE SCHOOL LOCK-IN

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As seventeen middle schoolers filed in the church doors that locked behind them on September 5, I felt like my job at PCJH had finally commenced. It was finally time to jump into serving the children of Jackson. From the precious sixth grade girls to the bulky eighth grade boys, the fresh and new faces were exciting! Little did I know, that these new faces were also new to the other Children, Youth, and Family workers, Jordan and Ricky, for only two of the youngsters that came to the Middle School Lockin were actually a part of our regular PCJH family!

With Psalm 129 heavy on our minds and hearts, the children learned about identity and how the images and ideas that this world feeds our minds are not what we are supposed to cling to. Instead, we are to cling to the perfect love of Jesus, viewing ourselves through His eyes. The Lock-in was not *all* serious talk though. It was full of basketball, dodge-ball, and a scavenger hunt while our wonderful volunteers, Brittany Thaler and Michael Adams, kept our stomachs full of pizza and ice cream!

Finishing the night with the movie *God's Not Dead*, airing around 1:00 am, left the students and leaders alike with about three hours of sleep... but that is what lock-ins are all about! Right? Well, I'm still not sure how I feel about the lack of sleep, but I do know that no matter how many hours of sleep we missed, fun we didn't. I could not have imagined a better way to kick off the school year than getting to work with the sixth grade girls and two older girls as we discussed self-image, friendship, and entering new stages of life. The Lord is doing great things in the Middle School program at PCJH, so through this school year I encourage you to be praying over the program as well as the identity of the students that are a part of it.



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A classic Girls vs. Boys scavenger hunt! With the girls winning by 1 point!

September Birthdays 2014

Lucy Jorgenson October 1 Louisa Sandvig October 1 Dana Smith October 1 Davis Fay October 3 Marian Meyers October 3 Zoe Curran October 4 Daniel Kim October 4 Ian Lewis October 4 Andrea Parker October 4 October 5 Kent Nichols Kae Brockermeyer October 7 David Meyers October 7 Leah Carr October 8 Abigail Irvine October 8 Katie Mendenhall October 8 Susan Ordway October 8 Griffin Dunn October 9 Darla Jackson October 10 October 10 Anne Stalker Silver Jacobson October 12 **Brad Lund** October 12 Kyle Scholtens October 13 Michael Halpin October 14 Barry Nelson October 14 Craig Sonderman October 15 Nancy Brumsted October 16 Harry Tebay October 16 Martha VanGenderen October 16 Barb Andrews October 17 Finn Hadden October 17 Lennie Michelson October 17 Teresa Nye October 17 October 17 Fred Walker Sue Consolo-Murphy October 18 John Drew October 18 October 18 Grant Wright Sean Murphy October 20 Cindy Leinonen October 21 Trent Abel October 22 **Emily Bitner** October 22 Jordan Shive October 22 Courtney Hanson October 23 Janice Skinner October 23 Karlie Greenwood October 25 Lyle Henninger October 25 Sarah Gensch October 26 October 26 Charlotte Lee Thatcher Friess October 28 Michael Kinley October 28 Cash Halpin October 29 Pete Forster October 31

October Anniversaries 2014

William & Sharon Schoen
Oct 1 Married 48 Years

Ralph & Jeanne Hudelson Oct 3 Married 22 Years

Frank & Judy Scarborough Oct 3 Married 50 Years

Stephen & Sharon Fralin
Oct 4 Married 1 Years

Mitch & Angela Lewis Oct 7 Married 19 Years

Bill & Lafon Ward Oct 7 Married 64 Years

Brad & Barb Andrews
Oct 8 Married 20 Years

Brad & Barb Brecker Oct 8 Married 9 Years

Kenny & Mandy Hadden
Oct 8 Married 3 Years

Shawn & Katie Robertson Oct 13 Married 2 Years

Jodeen & Harry Tebay Oct 14 Married 14 Years

Brett & Gaylyn Frantz Oct 15 Married 20 Years

Bill & Celia Dillon
Oct 17 Married 33 Years

Bill & Mary Neal Oct 18 Married 27 Years

Ricky & Jodi Emlyn Oct 27 Married 7 Years

Chris & Louisa Sandvig
Oct 3 Married 4 Years

Email Address Privacy

PCJH is committed to protecting everyone's email address privacy. Please do not use PCJH as a way to acquire email addresses for soliciting purposes. If you should receive emails about church business where email addresses have been inadvertently listed rather than BCC'd, we kindly request that you do not use those addresses for purposes other than church business Communications.

Should you receive an unwanted solicitation email from a PCJH member or affiliate, please notify the church office at office@pcjh.org.

Thank you!



PCJH Staff

Ben Pascal - Senior Pastor
Jo Holton - Office Administrator
Pam Flores - Coordinator of Congregational Life
Ricky Emlyn - Director of Discipleship
Diane McGee - CY&F Administrator
Effie Edwards - Little Lambs Director
Kenny Hadden - Interim Worship Coordinator
Linda Hanlon - Upward Basketball Coordinator
Kim Bogen - Bookkeeper
Steven Admire - Custodian
Barb Huhn - Pinnacle Publication
Darla Jackson - Nursery



October 2014



Sat	4 8:00am Men's Discussion Group Matthew Room	11 8:00am Men's Discussion Group Matthew Room	18 8:00am Men's Discussion Group Matthew Room	25 8:00am Men's Discussion Group Matthew Room	
Fri	8	10	17 No Little Lambs	24	31 No Little Lambs
Thu	2 Noon Men's Lunch at Heidi's Brooklyn Deli	9 Noon Men's Lunch at Heidi's Brooklyn Deli	16 Noon Men's Lunch at Heidi's Brooklyn Deli	23 Noon Men's Lunch at Heidi's Brooklyn Deli	30 Noon Men's Lunch at Heidi's Brooklyn Deli
Wed	1 After School Program 5:15-6:00pm-Worship 6:00 -Fellowship Dinner 6:45-7:45pm—Programs (Choir, Classes, Koinonia) Training	8 After School Program 5:15-6:00pm-Worship 6:00 -Fellowship Dinner 6:45-7:45pm—Programs (Choir, Classes, Koinonia)	After School Program 5:15-6:00pm-Worship 6:00 -Fellowship Dinner 6:45-7:45pm—Programs (Choir, Classes, Koinonia	42 After School Program 5:15-6:00pm-Worship 6:00—Fellowship Dinner 6:45-7:45pm—Programs (Choir, Classes, Koinonia)	After School Program 5:15-6:00pm-Worship 6:00—Fellowship Dinner 6:45-7:45pm—Programs (Choir, Classes, Koinonia)
Tue	30 National Leadership	7 1:15pm Staff Meeting	14 7:30am Stewardship 1:15pm Staff Meeting	21 1:15pm Staff Meeting 4:30pm Finance Meeting 5:30pm Council	28 1:15pm Staff Meeting
Mon	Western	6 8:45am—Women's Covenant Group	13 8:45am—Women's Covenant Group	20 8:45am—Women's Covenant Group	27 8:45am—Women's Covenant Group
Sun	28 8:00 am Worship Service 9:00am Adult Bible Class 10:15am Worship Service (w/Children's Sunday School) 6:00-7:15pm—HS Youth Group	8:00 am Worship Service 9:00am Adult Bible Class 10:15am Intergenera- tional Worship Service 6:00-7:15pm—HS Youth	8:00 am Worship Service 9:00am Adult Bible Class 10:15am Worship Service (w/Children's Sunday School) 11:30-1:30pm—Safe Church Training 6:00-7:15pm—HS Youth	8:00 am Worship Service 9:00am Adult Bible Class 10:15am Worship Service (w/Children's Sunday School) 6:00-7:15pm—HS Youth Group	26 8:00 am Worship Service 9:00am Adult Bible Class 10:15am Worship Service (w/Children's Sunday School) 6:00-7:15pm—HS Youth Group

Address Service Requested

The Presbyterian Church Of Tackson Hole

P. O. Box 7530 1251 South Park Loop Road Jackson, WY 83002 October, 2014



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The Mission of The Presbyterian Church of Jackson Hole is

Passing on the Faith

as we Gather to love God;

GYOW to know and follow Jesus; and

GO and make a difference.

All are welcome and all are needed as we advance this significant mission for the 21st Century.

www.pcjh.org

