

Here are some helpful links for general COVID-19 info:

- CDC.gov (<https://www.cdc.gov/coronavirus/2019-ncov/index.html>)
- Teton County Health Department (<http://www.tetoncountywy.gov/2061/Coronavirus-Disease-COVID-19>)
- Wyoming Department of Health (<https://health.wyo.gov/publichealth/infectious-disease-epidemiology-unit/disease/novel-coronavirus/>)
- St. John's Health (<https://www.stjohns.health/about/community-engagement/coronavirus/?furl=coronavirus>)
- Teton County Health Department Hotline: 307-732-8628

For Teton County & Jackson-specific info, see:

St. John's Health: <https://www.stjohns.health/about/community-engagement/coronavirus/>

Teton County Health Department: <http://www.tetoncountywy.gov/2061/Coronavirus-Disease-COVID-19>

Town of Jackson: <https://www.jacksonwy.gov/CivicAlerts.aspx?AID=496>

Sources of Assistance:

- If you need assistance with food during this trying time, please visit <http://www.jhfoodhelp.com/>.
- If you are a business in need of assistance, visit <https://www.jacksonholechamber.com/blog/covid-19-business-advocacy/>
- If you are a nonprofit in need of financial assistance, visit <https://www.cfjacksonhole.org/>
- If you are an individual in need of financial assistance, visit <https://www.one22jh.org/covid-19>
- If you are visitor looking for information, visit <https://www.jacksonholechamber.com/blog/visitor-update-covid-19/>
- If you are looking for volunteer opportunities related to COVID-19, visit <https://www.cfjacksonhole.org/volunteer-jh/>

For travel-specific information and updates, see:

- CDC's page on Cases in the U.S. There is a map and a list of cases by state: <https://www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html>
 - Since the CDC gets updates on cases directly from each State, there can be a delay with getting the information up to the CDC website. So if you're planning to visit somewhere in particular, please visit that State's Health Department website directly.
- Johns Hopkins case map: <https://coronavirus.jhu.edu/map.html>
- Department of Homeland Security Updates: <https://www.dhs.gov/coronavirus-news-updates>

Resources for Parents:

- [Middle School Anxiety Conversation Guide](#)
- [Middle School Crisis Conversation Guide](#)
- [\[BLOG\] Managing Fear and Anxiety During a Health Pandemic](#)
- [\(Anxiety Guides for various ages\)](#)
- [\(Crisis Guides for various ages\)](#)