

Covid-19 Community Resource List

Covid-19 Prevention and Virus Resources

<http://www.tetoncountywy.gov/2061/Coronavirus-Disease-COVID-19>

<https://www.stjohns.health/about/community-engagement/coronavirus/>

If you or your children experience flu or cold like symptoms please use the following hotlines to determine if you need to seek medical care:

- St John's Health Evaluation Hotline: **307-739-4898**
- Teton County Public Health Update Hotline: **307-732-8628**

Financial Resources

Additionally, our community has taken incredible measures to support each other during this time. The Community Foundation of Jackson Hole and One22 are administering **Financial Relief Awards** to those that are impacted by loss of work. Please visit One22 website [here](#) for more information.

Teton County School District

For the week of Monday, March 16-Friday, March 20, 2020 the following plans are in place:

Food services will be available for free all week for any individual under the age of 19, enrolled student or not. Two meals at a time will be available for pick up that includes breakfast and lunch. Pick up will be made available at Jackson Hole High School at the following times: Monday from 11:00 am - 2:00 pm & Tuesday - Friday from 7:30 am - 2:00 pm

The Fund for Public Education has launched [a new fundraising campaign](#) to support the district during COVID-19. This is primarily focused on feeding hungry kids.

While schools are closed, TCSD#1, with support from the Fund for Public Education, is providing free breakfast and lunch to every child in our community under the age of 19. The child does not have to be enrolled in TCSD#1 schools; every child is welcome. Two meals (breakfast and lunch) are provided for each day that school would normally be in session. They are available for pick up Monday through Friday from 7:30 am to 2:00 pm at Jackson Hole High School, where drive-through stations have been set up. The child needs to be in the car to receive the meals. During Spring Break, March 23- April 5, [Hole Food Rescue](#) will be offering this service. **They will be providing meals at the same Jackson Hole High School pick up location, Monday through Friday, 11:00 am to 1:00 pm.**

Senior Center of Jackson Hole

The Senior Center is offering to pick up meals, groceries, and mail for those who feel unsafe or are ordered to stay home during "shelter in place". They are also serving lunches through their Meals on Wheels program, for curbside pickup or home delivery. To set up these services, or for more details, please call the Senior Center: **(307) 733-7300**

Mental Health Resources

Mental effects are equally important to address as physical effects. Coping with stress and anxiety is important during this time, here are a few articles. Jackson Hole Community Counseling Center 24 hour crisis hotline will remain open: **(307) 733-2046**.

[CDC Managing Stress and Anxiety with Covid-19](#)
[Mental Health America Statement](#)

Talking With Your Child/Student

These uncertain times are difficult for all of us, especially children. Check out the following articles for tips and ideas for how to talk to your children about the virus.

<https://childmind.org/article/talking-to-kids-about-the-coronavirus/>
<https://kidshealth.org/en/parents/coronavirus-how-talk-child.html>

Food Support

Here is a list of free food and community food assistance in Jackson: <http://www.jhfoodhelp.com/>

The Jackson Cupboard will be maintaining current hours of Mondays & Thursdays 4:00 pm – 6:00 pm, Wednesdays 10:00 am – 12:00 pm, & Free Food Friday every Friday 10:00 am – 3:00 pm. They are also expanding to be open on Saturdays from 10:00 am – 12:00 pm. The Jackson Cupboard is located in the basement of St. John's Church at 170 N. Glenwood St. in Jackson, WY. Enter near the Browse N' Buy parking lot. If you are healthy and wish to volunteer, contact Rachel Daluge, Operations Director at 307-699-2163 or jacksoncupboard@gmail.com.

Continued Learning and Book Give Away

Starting on Monday, Teton Literacy center will have books outside our center for families to come and take home. We hope to continue to encourage families to read at least 20 minutes a day at home. TLC, along with school teachers, will be emailing parents with ideas for at home learning. More to come!

The Community Foundation

Opportunities to volunteer in the community may be found here:

<https://www.cfjacksonhole.org/volunteer-jh>