

**Leticia was feeling discouraged. The math problems the class was learning seemed harder than usual. And she felt like everyone understood it except for her. So she took a deep breath, went to talk to her teacher, AND THEN . . .**

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**Myles had been playing basketball for two years and all his friends were on his team. He knew his friends were good enough to be on the competitive team, but he wasn't sure he would make it at tryouts. So he talked to his dad AND THEN . . .**

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**Henry knew that his first day at his new school was going to be a challenge since it was the middle of the school year. He was scared he wouldn't make any new friends. On Monday morning, Henry got out of bed, put on his favorite t-shirt, AND THEN . . .**

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**All of Maddie's friends have learned how to swim in the deep end. She knows she needs to learn, too, if she's going to swim with them this summer. She asks her mom to help her practice, AND THEN . . .**

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**What to Do:**

Print and cut apart one set for each small group.

**And Then!**

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