

TODAY'S SUGGESTED SCHEDULE

TODAY'S BIBLE STORY

I can thank God for family
who help me.

AARON HELPS MOSES
EXODUS 17:8-13

MEMORY VERSE

"Give thanks to the
Lord for he is good."

PSALM 107:1, NIV

KEY QUESTION

Who is good?

BOTTOM LINE

God is good.

BASIC TRUTH

God made me.

PRELUDE: Setting the tone for the experience

See the **Getting Ready** pages at the end of this document for a detailed description of what you'll need for today.

In the **Prelude** folder of your curriculum, you'll find a variety of other resources to help you prepare.

SMALL GROUP

15
MIN

SOCIAL: Providing time for fun interaction

Offer one or more of these activities as preschoolers arrive.

Knock 'Em Down, Put 'Em Up
Thankful Tree
Staff

LARGE GROUP

20
MIN

WORSHIP: Inviting people to respond to God

STORY: Communicating God's truth in engaging ways

"Special" and "Thankful"

Bible Story
Prayer

SMALL GROUP

25
MIN

GROUPS: Creating a safe place to connect

Offer as many of these activities as your time, facilities, resources, and leadership allow.

Call It Out Memory Verse
Need a Little Help?
Family Pictures
You Do the Hokey Pokey!
Hold Them Up
Journal and Prayer

HOME: Prompting action beyond the experience

Going Home
Parent Cue Card (*print or email*)
Parent Cue App

PRELUDE

SOCIAL

WORSHIP

STORY

GROUPS

HOME

PROVIDING TIME FOR FUN INTERACTION
15 MINUTES**MADE TO MOVE**

an activity that uses a preschooler's natural desire to move to help them learn

**1. KNOCK 'EM DOWN, PUT 'EM UP**

WHAT YOU NEED: Six clean and dry water bottles, a plastic ball, floor tape, and foam stickers or rice

WHAT YOU DO:

BEFORE THE ACTIVITY: Remove the labels from the water bottles. Place several foam stickers or a small amount

of rice in the bottom of each bottle to weigh it down a bit and secure the lid tightly. Use the floor tape to make six small "X's" in a "V" formation on the floor. Place each bottle on top of an "X" like bowling pins.

DURING THE ACTIVITY: Have the children line up about three feet from the pins. Select a child to roll the ball on the floor to knock the bottles over. Then, encourage that child to set them back up, setting each bottle on an "X."

AFTER THE ACTIVITY: Gather the bottles and ball and set aside for clean-up.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "Friends, come over here with me. Do you see these bottles? They're like bowling pins. Have you ever bowled before? We're going to roll the ball like this to try to knock down all the pins. (*Demonstrate.*) And then, when you knock them over, I want you to help the next person by setting them back up on the X's on the floor." (*Demonstrate.*)

AFTER THE ACTIVITY: "You guys are pretty good at this! Thanks for helping each other by picking up the bottles so the next friend could have a turn. In our Bible story today, we'll hear about someone who helped hold something up. Let's go!"

TRANSITION: Move to Worship and Story by continuing to pantomime rolling the ball, cheering as the pins fall down, then picking them back up to play again.

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BIBLE STORY**

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HOME

PROVIDING TIME FOR FUN INTERACTION
15 MINUTES**MADE TO PLAY**

an activity that encourages preschoolers to follow guidelines while having fun and learning new concepts

**TODAY'S BIBLE STORY**

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2. THANKFUL TREE

WHAT YOU NEED: Green construction paper, butcher paper, scissors, crayons, markers, and painter's tape

WHAT YOU DO:

BEFORE THE ACTIVITY: Cut a length of butcher paper and draw a tree trunk and branches on it. Tape it to the wall at preschooler height. Fold green construction paper into quarters and cut basic leaf shapes, one per child.

DURING THE ACTIVITY: Encourage children to draw their family on a leaf then tape it to the tree.

AFTER THE ACTIVITY: Talk about how we'll hear some more things to be thankful for.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "Hello, friends! Come to the table with me. Look at all these leaves. (Pause.) These are thankful leaves that go on our Thankful Tree."

DURING THE ACTIVITY: "Before we add the leaves to the tree, draw a picture of your family on a leaf. (Pause.) Wow! These are wonderful pictures of your families. Some of you have big families with a lot of people in them, while some of you have smaller families with just a few people in them. The neat thing is that it doesn't matter how big or small our families are. We can all be thankful for them. Let's stick the leaves to the Thankful Tree. (Give each child a tape loop to put on the back of their leaf.) Let's look at how awesome our Thankful Tree is!"

AFTER THE ACTIVITY: "We've learned that we can be thankful for all the things that God made and for food to eat. Today, we'll hear about being thankful for our family."

TRANSITION: Move to Worship and Story by signing "thank you" (tap fingertips of one hand to your chin then extend arm out in front of you).

PRELUDE

SOCIAL

WORSHIP

STORY

GROUPS

HOME

PROVIDING TIME FOR FUN INTERACTION
15 MINUTES**MADE TO IMAGINE**

an activity that lets preschoolers pretend, imagine, and role play to enhance their learning

**3. STAFF**

WHAT YOU NEED: Floor tape and pool noodles

WHAT YOU DO:

BEFORE THE ACTIVITY: Tape a path on the floor.

DURING THE ACTIVITY: Give each child a pool noodle and encourage them to walk along the path using the noodle as a staff. Repeat as desired. Sanitize pool noodle between uses.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "Shepherds use staffs. Staffs help them walk and herd their sheep."

DURING THE ACTIVITY: "Let's pretend to walk with staffs along the pathway (*point*). We can use these (*hold up noodle*) as our staffs. Let's walk like this!" (*Demonstrate and do activity.*)

AFTER THE ACTIVITY: "Awesome job! Today, we'll hear a Bible story about Moses and a staff. I am so excited for our AMAZING Bible story today!"

TRANSITION: Move to Worship and Story by pretending to walk with a staff to the story area.

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HOME

CREATING A SAFE PLACE TO CONNECT
25 MINUTES**MADE TO MOVE**

an activity that uses a preschooler's natural desire to move to help them learn

**1. CALL IT OUT MEMORY VERSE**

[HEAR FROM GOD | MEMORY VERSE REVIEW]

WHAT YOU NEED: "Leaf Outlines" Activity Page, five different colors of cardstock, scissors, floor tape, music, and a music player

WHAT YOU DO:

BEFORE THE ACTIVITY: Copy the "Leaf Outlines" onto the different colored cardstock and cut out, at least one leaf per child. Lay the leaves in a large circle on the floor of your activity area. Tape the leaves to the floor.

DURING THE ACTIVITY: Call the children to your activity area to stand on a leaf, one child per leaf. Have the children walk around the circle as you play music. When the music stops, the children must stop. Then, call out a color. Lead the children standing on that color of leaf to say the verse together.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "Friends, come stand on one of these leaves."

DURING THE ACTIVITY: "Okay, let's walk around the circle from leaf to leaf as the music plays. When the music stops, I want you to stop on a leaf. I'll call out a color. If you're standing on a leaf of that color, I want you to say the verse with me. Ready? Here we go! 'Give thanks to the LORD for he is good, Psalm 107:1 (NIV).'"

AFTER THE ACTIVITY: "That was so fun! We can always give thanks to God for He is good. **Who is good? God is good.**"

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25 MINUTES**MADE TO IMAGINE**

an activity that lets preschoolers pretend, imagine, and role play to enhance their learning

**2. NEED A LITTLE HELP?**

[TALK ABOUT GOD | BIBLE STORY REVIEW]

WHAT YOU NEED: No supplies needed.**WHAT YOU DO:**

DURING THE ACTIVITY: Guide the children to act-out the story through dramatic play. Allow them to take turns playing the roles of Moses, Aaron, Hur, and the army.

The children playing Aaron and Hur will hold up the arms of the child playing Moses. The rest of the children will be the army. When Moses' arms are up, the army will cheer. When Aaron and Hur let go of Moses' arms, his arms will go down, and the army will make sad faces. Repeat these actions until time to switch roles.

WHAT YOU SAY:

DURING THE ACTIVITY: "Let's act-out today's Bible story! [Child's name] will stand here and be Moses. [Child's name] and [child's name] will stand here and be Moses' brother, Aaron, and his friend, Hur. Aaron and Hur will hold Moses' arms up when I say, 'Up,' or let go when I say, 'Down.' The rest of you will be the army. When Moses' arms are up, you will cheer because you're winning the battle. When Moses' arms are down, you'll make a sad face because you're losing the battle. Okay, let's act-out the story!"

(Guide the children through acting-out the story several times so that all of the children get to play the role of Moses.)

AFTER THE ACTIVITY: "Wow! You did a wonderful job acting-out the Bible story! Do you think Moses was thankful that his brother, Aaron, helped him? (Pause.) I'm sure he was! Do you think Aaron was glad he could help his brother Moses? (Pause.) Me, too! We can thank God for family who helps us, and we can help our family, too. God gives us family to help us because **God is good!** **Who is good? God is good.**"

**TODAY'S
BIBLE STORY**

I can thank God for family who help me.

**AARON HELPS MOSES
EXODUS 17:8-13**

MEMORY VERSE

"Give thanks to the Lord for he is good."
PSALM 107:1, NIV

KEY QUESTION

Who is good?

BOTTOM LINE

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BASIC TRUTH

God made me.

PRELUDE

SOCIAL

WORSHIP

STORY

GROUPS

HOME

CREATING A SAFE PLACE TO CONNECT
25 MINUTES**MADE TO THINK**an advanced activity specifically
designed for older preschoolers**TODAY'S
BIBLE STORY**I can thank God for family
who help me.**AARON HELPS MOSES
EXODUS 17:8-13****MEMORY VERSE**"Give thanks to the
Lord for he is good."**PSALM 107:1, NIV****KEY QUESTION**

Who is good?

BOTTOM LINE

God is good.

BASIC TRUTH

God made me.

**3. FAMILY PICTURES****[LIVE FOR GOD | APPLICATION ACTIVITY]****WHAT YOU NEED:** "Family Frame" Activity Page,
cardstock, and crayons**WHAT YOU DO:****BEFORE THE ACTIVITY:** Copy the "Family Frame" Activity
Page on cardstock, one per child. Set the Activity Pages and crayons on the
tables.**DURING THE ACTIVITY:** Point out the words on the Activity Page and
encourage the children to use the crayons to draw a picture of their family
inside the frames. Make sure to write each child's name on the top of their
page.**AFTER THE ACTIVITY:** Set pages aside for pick-up.**WHAT YOU SAY:****BEFORE THE ACTIVITY:** "Friends, come sit at the table."**DURING THE ACTIVITY:** "Do you see these words on your page? It says,
'I can thank God for my family.' Let's draw a picture of our family inside this
frame. Then, when we look at our pictures, we'll be reminded to thank God for
our families."**AFTER THE ACTIVITY:** "God gives us SO many good things. In fact, God
gives us ALL good things, including our families. We can thank God for our
families. God gives us good things! **Who is good? God is good.**"

PRELUDE

SOCIAL

WORSHIP

STORY

GROUPS

HOME

CREATING A SAFE PLACE TO CONNECT
25 MINUTES**MADE TO MOVE**

an activity that uses a preschooler's natural desire to move to help them learn

**4. YOU DO THE HOKEY POKEY!**

[LIVE FOR GOD | APPLICATION ACTIVITY]

WHAT YOU NEED: No supplies needed.**WHAT YOU DO:****BEFORE THE ACTIVITY:** Gather the children in your activity area.**DURING THE ACTIVITY:** Lead children to spread out and sing and do the motions to "The Hokey Pokey."**WHAT YOU SAY:****BEFORE THE ACTIVITY:** "Friends, come gather here with me. Everyone put your arms out straight to your sides like this. Make sure you spread out so you aren't touching any other friend. Okay, now you can put your arms down."**DURING THE ACTIVITY:** "Do you guys know the song 'The Hokey Pokey'? It is SO fun to sing. So, let's sing it and do the motions. (NOTE: Children will likely not yet know their left from their right. So, for our purpose today, we'll just sing arms or legs.)

"You put your arms in. (Put your arms out in front of you.)

You put your arms out. (Pull your arms back to you.)

You put your arms in. (Put your arms out in front of you.)

And you shake them all about. (Shake your arms in front of you.)

You do the Hokey Pokey, and you turn yourself around. (Turn in a circle.)

That's what it's all about." (Clap your hands together.)

(Repeat with the following body parts: legs, head, and whole self.)

AFTER THE ACTIVITY: "Whew, that was FUN! Do you remember when we sang about putting your arms in? Moses had help keeping his arms up, and he was so thankful. We can thank God for the people in our family who help us, too. I'm so glad God gives us good things because **God is good.**"**TODAY'S BIBLE STORY**

I can thank God for family who help me.

AARON HELPS MOSES
EXODUS 17:8-13

MEMORY VERSE

"Give thanks to the Lord for he is good."

PSALM 107:1, NIV

KEY QUESTION

Who is good?

BOTTOM LINE

God is good.

BASIC TRUTH

God made me.

PRELUDE

SOCIAL

WORSHIP

STORY

GROUPS

HOME

CREATING A SAFE PLACE TO CONNECT
25 MINUTES**MADE TO CREATE**

an activity that allows preschoolers to review the Bible story, bottom line, or memory verse by creating a craft to take home

**5. HOLD THEM UP****[LIVE FOR GOD | APPLICATION ACTIVITY]**

WHAT YOU NEED: "Moses" and "Arms" Activity Pages, cardstock, scissors, small hole punch, and metal brads

WHAT YOU DO:

BEFORE THE ACTIVITY: Copy "Moses" on cardstock and cut out, one per child. Copy "Arms" on cardstock and cut

out, one set of arms per child. Line up the arms with the shoulders on "Moses" then punch a hole on each side.

DURING THE ACTIVITY: Encourage children to put the arms on Moses and secure them with the brads. Help as needed. Talk about the Bible story and have children raise and lower Moses' arms.

AFTER THE ACTIVITY: Talk about how we can thank God for our family who help us like Aaron helped Moses in our Bible story today.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "Friends, come sit with me at the table! I have a fun craft for us to help us remember our story about Moses today."

DURING THE ACTIVITY: "Here is your picture of Moses. (Pass out 'Moses' to each child.) We need to add his arms. Line up the hole in one arm with the hole in his body then stick the brad through like this. (Demonstrate.) After you stick the brad through the holes, bend the ends out like this. (Demonstrate.) Great job! Do the same thing on the other arm. (Pause.) Watch how we can move Moses' arms up and down, now. (Demonstrate.) So cool! Moses and his brother, Aaron, were a part of God's army called the Israelites. They had to fight some mean people."

"Moses knew that God would help them. So, he held up God's staff. Raise Moses' arms. (Pause.) When he held up God's staff, the Israelites started winning! When Moses put his arms down, God's army started losing. Move his arms down. (Pause.) So, Moses held his arms up, and kept them up. Raise Moses' arms. (Pause.) Moses had to hold his arms up for a REALLY long time. They got so tired, and he needed help! Moses' brother, Aaron, and his friend, Hur, brought a rock for Moses to sit on. Then, they held up his arms so that God's staff would not come down. God's army won! Great job helping me review our story."

AFTER THE ACTIVITY: "Moses was thankful that God gave him family like Aaron. **God is good** and gives us family to help, too. **Who is good? God is good.**"

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MEMORY VERSE

"Give thanks to the Lord for he is good."

PSALM 107:1, NIV

KEY QUESTION

Who is good?

BOTTOM LINE

God is good.

BASIC TRUTH

God made me.

MADE TO REFLECT

an activity that encourages personal application and prayer

**6. JOURNAL AND PRAYER**

[PRAY TO GOD | PRAYER ACTIVITY]

WHAT YOU NEED: Paperclipped "Memory Verse Card" in your Bible at Psalm 107:1, journal, and a fun-shaped pen

SMALL GROUP LEADER (SGL): "It's Small Group time! Today, we'll hold our arms way above our heads like this (*demonstrate*) while we walk to our small group spot. Hold

your arms up and follow me! (*Hold your arms above your head as you lead the children to your small group spot.*)

**TODAY'S
BIBLE STORY**

I can thank God for family who help me.

**AARON HELPS MOSES
EXODUS 17:8-13**

"Are your arms tired? Mine are! We're almost there . . . we made it! Okay, you can put your arms down. We made it to our spot, so let's sit down and talk about today's Bible story. One, two, three, sit down with me! (*Open the Bible and lay it in front of the children.*)

MEMORY VERSE

"Give thanks to the Lord for he is good."
PSALM 107:1, NIV

"Our Bible story today was about a man named Moses who had to keep his arms up high. What happened to Moses' arms? (*Pause.*) Yes, they got tired. Who helped Moses hold his arms up high? (*Pause.*) Right again! Moses' brother, Aaron, helped him. I'm sure Moses was very thankful to have family to help him.

"It's nice when family helps us. It's also nice when we help our family. And we can thank God for family who help us, because **God is good. Who is good? God is good!**

KEY QUESTION

Who is good?

"We've been learning a Bible verse to help us remember to thank God because **God is good!** I know you're getting really close to knowing this verse! It says . . . (*Turn the pages of your Bible to the Memory Verse Card.*)

"Give thanks to the LORD for he is good, Psalm 107:1. (*Close Bible and lay it down.*)

BOTTOM LINE

God is good.

"We have a lot to thank God for because **God is good.** Let's stand up and say that Bible verse together with the motions."

CHILDREN AND SGL: "Give thanks (*clap on each word*) to the LORD (*point up*) for he is good, (*two thumbs up*) Psalm 107:1." (*Open hands like a book.*)

(*Repeat the verse with motions a few times.*)

BASIC TRUTH

God made me.

SGL: "You sound awesome!"

"Now, let's sit down so we can write in our prayer journal and talk to God. (*Hold journal and fun-shaped pen.*)

"Today, we'll make a list of family who help us. It can be a mom or dad,



WEEK
THREE
NOVEMBER 2020

SMALL GROUP
3-5 YEAR
-OLDS

PRELUDE SOCIAL WORSHIP STORY **GROUPS** HOME

CREATING A SAFE PLACE TO CONNECT
25 MINUTES

(6. JOURNAL AND PRAYER, CONTINUED)

grandpa or grandma, brother or sister, aunt or uncle—anyone you think of as family. When I say your name, I want you to tell me one person in your family who helps you. I will write their name in our prayer journal, and we can use the list when we pray.”

(Say each child’s name and write down what they say. Remember to print the names so the children can recognize their names and the letters.)

SGL: “Thank you for making this list with me. Let’s pray and talk to God. Would anyone like to pray before I pray?”

(Give each child who wants to pray the opportunity to do so.)

PRAYER

SGL: “Dear God, family is such a special gift You have given us. We are so thankful for the way family help us. [Child’s name] wants to thank You for the way [family member’s name] helps them. *(Repeat with each child.)* I pray we will help our family, too. We love You, God. In Jesus’ name, amen.”



WEEK
THREE
NOVEMBER 2020

SMALL GROUP
3-5 YEAR
-OLDS

PRELUDE SOCIAL WORSHIP STORY GROUPS HOME

GETTING READY

HERE'S EVERYTHING YOU NEED TO KNOW TO GET READY FOR THIS WEEK

SOCIAL: PROVIDING TIME FOR FUN INTERACTION (15 MINUTES)

Activities that encourage preschoolers to enter the classroom and begin engaging with peers and Small Group Leaders by providing age appropriate and hands on fun while introducing new concepts they will hear in the day's Bible story.

Prepare to offer one or more of the following activities as Your 3-, 4-, or 5-year-olds arrive. Let one or two teachers lead activities in different areas of the room while another teacher greets parents and kids at the door.

1. KNOCK 'EM DOWN, PUT 'EM UP

Made to Move: An activity that uses a preschooler's natural desire to move to help them learn

WHAT YOU NEED:

- Six clean, dry water bottles
- Foam stickers or rice
- Ball pit ball
- Floor tape

WHAT YOU DO:

- Remove the labels from the water bottles and fill with foam stickers or a little rice to weigh the bottoms down. Secure the lids tightly.
- Tape six "X's" in a "V" formation on the floor (like bowling pins) and place each bottle on top of an "X."

2. THANKFUL TREE

Made to Play: An activity that encourages preschoolers to follow guidelines while having fun and learning new concepts

WHAT YOU NEED:

- Green construction paper
- Butcher paper
- Scissors
- Crayons
- Markers
- Painter's tape

WHAT YOU DO:

- Cut a length of butcher paper and draw a tree trunk and branches on it. Tape it to the wall at preschooler height.
- Fold green construction paper into quarters and cut basic leaf shapes, one per child.

3. STAFF

Made to Imagine: An activity that lets preschoolers pretend, imagine, and role play to enhance their learning

WHAT YOU NEED:

- Floor tape
- Pool noodles, one per child

WHAT YOU DO:

- Tape a path on the floor of your activity area.

GROUPS: CREATING A SAFE PLACE TO CONNECT (25 MINUTES)

Create a safe place to connect through activities that are written to reach every learning style while reinforcing the Bottom Line that was introduced during the Bible Story and applying it to real life experiences. In addition, these activities provide preschoolers with an opportunity to build relationships with their Small Group Leader.

Offer as many of the following activities as your time, facilities, resources, and leadership allow. You may want to lead one activity at a time. Or, offer two activities at once and allow half the kids to participate in each. Then switch groups and repeat the activities.

1. CALL IT OUT MEMORY VERSE

[HEAR FROM GOD | MEMORY VERSE REVIEW]

Made to Move: An activity that uses a preschooler's natural desire to move to help them learn

WHAT YOU NEED:

- "Leaf Outlines" Activity Page
- Five different colors of cardstock
- Scissors
- Floor tape
- Music
- Music player

WHAT YOU DO:

- Copy "Leaf Outlines" on the different colored cardstock and cut out, one leaf per child.
- Lay the leaves in a circle on the floor of your activity area and tape to the floor.

GETTING READY

HERE'S EVERYTHING YOU NEED TO KNOW TO GET READY FOR THIS WEEK

2. NEED A LITTLE HELP?

[TALK ABOUT GOD | BIBLE STORY REVIEW]

Made to Imagine: An activity that lets preschoolers pretend, imagine, and role play to enhance their learning

WHAT YOU NEED:

- No supplies needed.

3. FAMILY PICTURES

[LIVE FOR GOD | APPLICATION ACTIVITY]

Made to Think: An advanced activity specifically designed for older preschoolers

WHAT YOU NEED:

- "Family Frame" Activity Page
- Cardstock
- Crayons

WHAT YOU DO:

- Copy "Family Frame" on cardstock, one per child.

4. YOU DO THE HOKEY POKEY!

[LIVE FOR GOD | APPLICATION ACTIVITY]

Made to Move: An activity that uses a preschooler's natural desire to move to help them learn

WHAT YOU NEED:

- No supplies needed.

5. HOLD THEM UP

[LIVE FOR GOD | APPLICATION ACTIVITY]

Made to Create: an activity that explores spiritual ideas through the process of drawing, building, and designing

WHAT YOU NEED:

- "Moses" Activity Page
- "Arms" Activity Page
- Cardstock
- Scissors
- Small hole punch
- Metal brads, two per child

WHAT YOU DO:

- Copy "Moses" on cardstock and cut out, one per child.
- Copy "Arms" on cardstock and cut out, one set of arms per child.
- Line up the arms with the shoulders on "Moses" then

punch a hole on each side.

6. JOURNAL AND PRAYER

[PRAY TO GOD | PRAYER ACTIVITY]

Made to Reflect: An activity that encourages personal application and prayer

WHAT YOU NEED:

- Paperclipped "Memory Verse Card" in your Bible at Psalm 107:1
- Journal, one per small group
- Fun-shaped pen, one per small group

HOME: PROMPTING ACTION BEYOND THE EXPERIENCE

- Make copies on cardstock or email this week's Parent Cue card.
- Copy "Going Home" and hang on the door where Small Group Leaders can reference and remind parents of the Bottom Line and Memory Verse as parents pick up their children.
- Tell parents about our additional family resource, the **Parent Cue app**.

FIRST LOOK PINTEREST PAGE

Visit our Pinterest page to see craft samples and suggested supplies. <https://bit.ly/FirstLookPinterest>