



## TODAY'S SUGGESTED SCHEDULE

### TODAY'S BIBLE STORY

**One More Time**  
Go the Extra Mile  
Matthew 5:41

### TODAY'S BOTTOM LINE

Be kinder than you have to be.

### MONTHLY MEMORY VERSE

You are God's chosen people. You are holy and dearly loved. So put on tender mercy and kindness as if they were your clothes. Don't be proud. Be gentle and patient.  
Colossians 3:12, NIV

### MONTHLY LIFE APP

Kindness—Showing others they are valuable by how you treat them

### BASIC TRUTH

I should treat others the way I want to be treated.

### PRELUDE: Setting the tone for the experience

See the **Getting Ready** pages at the end of this document for a detailed description of what you'll need for today.

In the **Prelude** folder of your curriculum, you'll find a variety of other resources to help you prepare.

### SMALL GROUP

**15**  
MIN

#### **SOCIAL: Providing time for fun interaction**

Early Arriver  
Opening Activity

### LARGE GROUP

**35**  
MIN

#### **STORY: Communicating God's truth in engaging ways** **WORSHIP: Inviting people to respond to God**

Welcome/Opener  
Worship ("This Little Light" from *Living Inside Out* and "Trust You with My Heart" from *This Love*)  
Bible Story  
Bottom Line  
Prayer  
Closer

### SMALL GROUP

**25**  
MIN

#### **GROUPS: Creating a safe place to connect**

Bible Story Review: The Extra Mile  
Application Activity: Extra Mile Tic-Tac-Toe  
Memory Verse Activity: Shout It Out Verse  
Prayer Activity: Pray and Dismiss

### HOME: Prompting action beyond the experience

Parent Cue Card (print or email)  
GodTime devotional for kids  
Studio252.tv  
Parent Cue App



**PRELUDE      SOCIAL      STORY      WORSHIP      GROUPS      HOME**

PROVIDING TIME FOR FUN INTERACTION  
15 MINUTES

**MADE TO CONNECT**

an activity that invites kids to share and collaborate with others while growing their understanding



*Before kids arrive, take a few moments to pray for them. Ask God to give kids ideas and opportunities to do more than they have to do. Pray that kids would recognize the chances they have to be kind and do something even kinder. Pray for kids to have hearts that are always looking to do as much as possible to show others how valuable they are.*

**TODAY'S BIBLE STORY**

**One More Time**  
Go the Extra Mile  
Matthew 5:41

**TODAY'S BOTTOM LINE**

**Be kinder than you have to be.**

**MONTHLY MEMORY VERSE**

**You are God's chosen people. You are holy and dearly loved. So put on tender mercy and kindness as if they were your clothes. Don't be proud. Be gentle and patient.**  
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**MONTHLY LIFE APP**

**Kindness—Showing others they are valuable by how you treat them**

**BASIC TRUTH**

**I should treat others the way I want to be treated.**

**1. EARLY ARRIVER**

**WHAT YOU NEED:** Offering container, hand sanitizer, paper, and pencil

**WHAT YOU DO:**

- Greet kids by name as they arrive and ask them about their week.
- Encourage any kids who brought an offering to place it in the offering container.
- Invite each kid to use a pump of hand sanitizer.
- Direct the kids to pair up.
- Instruct the kids to introduce themselves to each other and create a simple NO CONTACT greeting.
- Explain that a no-contact greeting is like a secret handshake but without touching the other person.
- Kids can make their greeting as silly, simple, or elaborate as they choose.
- The idea is to mirror each other, doing the motions at the same time while facing—but not touching—each other.
- Encourage them to use more than one "move" to make their greeting unique.
  - If the kids need help, write the following ideas on a sheet of paper.
    - Air high fives
    - Spins
    - Silly dance moves
    - Bow or curtsy to each other
    - Back to back
    - Jumping jacks
    - A series of snaps or claps
    - Silly faces
    - Hug yourself
    - Thumbs up to each other
- Once kids come up with their greeting, invite them to show it off to the rest of the group.



PROVIDING TIME FOR FUN INTERACTION  
15 MINUTES

**MADE TO CONNECT**

an activity that invites kids to share and collaborate with others while growing their understanding



**2. OPENING ACTIVITY**

**WHAT YOU NEED:** "Kindness Bingo Card" Activity Page, pencils

**WHAT YOU DO:**

- Give each kid a "Kindness Bingo Card" and a pencil.
- Point out the blank line under each act of kindness on the bingo cards.
- Invite kids to write their own names in the center of their card as their free space.
- When the game starts, direct the kids to walk around and ask other kids which act of kindness they've performed that week.
- If a kid has performed that act of kindness, they can either sign their own name on that person's "Kindness Bingo Card" or, to keep physical distance, the owner of the card can write down the kid's name in the correct blank.
- Explain that the winner is the first kid to fill five spots in a row—either down, across, or diagonally.
- Instruct the kids to yell "BINGO!" if they get five spots in a row.
- Play until someone yells "BINGO!"

**TODAY'S BIBLE STORY**

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Go the Extra Mile  
Matthew 5:41

**TODAY'S BOTTOM LINE**

**Be kinder than you have to be.**

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**WHAT YOU SAY:**

"I LOVE bingo! And bonus, in this version of bingo, you learned several new ways you can spread a little kindness, too. **[Transition] Sometimes when it comes to kindness, we do JUST enough instead of going above and beyond. Jesus said something kind of crazy about kindness. Are you ready to find out what it was? Awesome! Let's go.**"

Lead your group to the Large Group area.

**MONTHLY LIFE APP**

**Kindness—Showing others they are valuable by how you treat them**

**BASIC TRUTH**

**I should treat others the way I want to be treated.**



CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

**MADE TO IMAGINE**

an activity that promotes empathy and facilitates concrete application through role-play and reenactment



**\* 1. THE EXTRA MILE**  
[TALK ABOUT GOD | BIBLE STORY REVIEW]

**WHAT YOU NEED:** Bibles, paper, and pencils

**WHAT YOU DO:**

- Direct the kids to pair up with a Bible.
- Give each kid a piece of paper and a pencil.
- Instruct the kids to look up Matthew 5:41.
- Read the verse aloud and instruct the kids to write out the verse along the top of their paper.
- As they write out the verse, ask these questions to invite discussion:
  - What do you think it means to "go the extra mile"? (*to do more than you have to, to do more than is expected*)
  - How could you do more than you have to when it comes to kindness?
- Give the kids a couple of prompts from the list below.
- Instruct them to write down how they could "go the extra mile" to show more kindness than they have to in that situation.
- Give as many prompts as the kids need.
- Allow kids to write as many responses as time allows.
- After each prompt, call on a few kids to share their responses.
- Possible kid responses are written in italics below.

**TODAY'S BIBLE STORY**

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Go the Extra Mile  
Matthew 5:41

**TODAY'S BOTTOM LINE**

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**MONTHLY MEMORY VERSE**

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**MONTHLY LIFE APP**

**Kindness—Showing others they are valuable by how you treat them**

**BASIC TRUTH**

**I should treat others the way I want to be treated.**

Prompts:

SGL: Your mom asks you to put your clean clothes away.

KID RESPONSE: *Offer to put the towels away, too.*

SGL: Your brother asks to play video games.

KID RESPONSE: *Say, "Yes" and let him pick the game.*

SGL: Your teacher asks you to help explain the homework assignment to the new kid.

KID RESPONSE: *Help her with the assignment and invite her to play with you at recess.*

SGL: Your dad asks you to help mow the lawn.

KID RESPONSE: *Mow the lawn then help bag the grass and take it out to the street, too.*

SGL: You see someone struggling to carry something.

KID RESPONSE: *Help them carry the load and take it all the way to wherever they're going.*

**WHAT YOU SAY:**

"I love how each of you wrote down something a little different! That just proves that there are many ways to be kind. Every single day, we have SO many



WEEK  
**THREE**  
FEBRUARY 2021

SMALL GROUP

**2-3**

PRELUDE

SOCIAL

STORY

WORSHIP

GROUPS

HOME

CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

### (\* 1. THE EXTRA MILE, CONTINUED)

opportunities to show kindness to others. But what about going beyond that? What about going the extra mile? Jesus challenges us to not just do the minimum amount of kindness but to **be kinder than you have to be**. How can you **be kinder than you have to be** this week to the people around you? How can you show MORE kindness to your parents, to your classmates and teammates, to the stranger behind you in line, or to the person behind the counter? Kindness matters. So, challenge yourselves to go the extra mile and **be kinder than you have to be.**"

*[Make it Personal] (Tell the kids about a time when someone was kinder to you than they had to be. Talk about how that extra measure of kindness made you feel and how it impacted the way you treated others around you.)*



CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

**MADE TO MOVE**

an activity that increases the oxygen in the brain and taps into the energy in the body



**2. EXTRA MILE TIC-TAC-TOE**  
[LIVE FOR GOD | APPLICATION ACTIVITY]

**WHAT YOU NEED:** Beanbags, floor tape, paper, and marker

**WHAT YOU DO:**

- On each piece of paper, write one of the following in large block letters: TEACHER, FRIEND, SISTER, PARENT, BUS DRIVER, CLASSMATE, GRANDPARENT, BROTHER, GROCERY STORE CASHIER
- Tape a nine square (three squares by three squares) tic-tac-toe grid.
- Make sure each square of your grid is large enough for a piece of paper.
- Tape down each of the pages into the squares on your tic-tac-toe board—one page per spot.
- Divide your group into two teams.
- Give each team five beanbags of the same color.
- Tape a starting line about four feet from the tic-tac-toe board.
- Explain that each team will take turns tossing a beanbag onto the grid to land on a page.
- The kid who tossed the beanbag will then give one example of how they would show "Extra Mile Kindness" to the person on the page.
- Let teams take turns back and forth.
- The goal is to throw their team's beanbags to get three in a row.
- The first team to get three in a row, wins!
- Play another round or two, as time and interest allow.

**WHAT YOU SAY:**

"You gave some AWESOME examples of ways you can **be kinder than you have to be** to the people around you. When it comes to kindness, think about that word 'extra.' What can you do to be 'extra' kind? How can you go above and beyond what's expected to really make someone's day?"

"This week, let's ask God to help us not just show kindness, but to think about extra ways we can help, serve, and love the people around us. Why? Because that's what God has done for us! He sent JESUS, His one and only Son, so that we could be forgiven. Talk about extra! God didn't have to send Jesus, but He did! And because God loves you THAT much, we can show others that same love when we choose to do more than we have to do. So remember, when it comes to showing kindness this week, challenge yourself with God's help to **be kinder than you have to be.**"

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**MONTHLY MEMORY VERSE**

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Colossians 3:12, NIV

**MONTHLY LIFE APP**

**Kindness—Showing others they are valuable by how you treat them**

**BASIC TRUTH**

**I should treat others the way I want to be treated.**



CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

**MADE TO CREATE**

an activity that explores ideas through the process of drawing, building, designing, and problem-solving



**3. SHOUT IT OUT VERSE**

[HEAR FROM GOD | MEMORY VERSE ACTIVITY]

**WHAT YOU NEED:** Bibles, "Megaphone" Activity Page, scissors, stapler, stickers, and markers, (optional) Clear tape

**WHAT YOU DO:**

- Pass out a Bible to every two kids.
- Direct the pairs to work together to look up Colossians 3:12.
- Invite a kid to read the verse out loud.
- Encourage the kids to follow along in their Bibles as the kid reads.
- Pass out a "Megaphone" Activity Page to each kid.
- Point out the verse written in the center of the megaphone.
- Let the kids decorate their megaphones with the markers and stickers.
- Instruct them to only decorate inside the dotted lines.
- Explain to the kids that the megaphone templates will be rolled up and the edges will overlap, so they may not want to decorate all the way to the edge on one side.
- Encourage the kids to cut along the dotted lines and roll up the cardstock to create a megaphone.
- Help the kids use the stapler to staple the overlapping edges.
- *Optional: Show the kids how to fold in the edges of a strip of cardstock (leftover from what they cut out) and tape it to the back of the megaphone to create a handle.*
- Lead the kids to chant the verse through their megaphones a few times.
- To keep interest high, select different volume levels each time the kids say the verse:
  - Loud—shouting
  - Soft—quiet as a mouse
  - Medium—regular speaking voice

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**MONTHLY LIFE APP**

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**BASIC TRUTH**

**I should treat others the way I want to be treated.**

**WHAT YOU SAY:**

"Just like you put on a new set of clothes each day, God wants us to put on kindness every day. Why? Because we are dearly loved by Him! So, like this verse says, let's not be proud this week. Let's be gentle and patient. And just like Jesus went the extra mile for us because He loves us so much, let's put on kindness and go the extra mile for others. **Be kinder than you have to be.**"



CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

**MADE TO REFLECT**

an activity that creates space  
for personal processing  
and application



**4. PRAY AND DISMISS**  
[PRAY TO GOD | PRAYER ACTIVITY]

**WHAT YOU NEED:** Index cards and pens

**WHAT YOU DO:**

- Give each kid an index card and a pen.
- Instruct the kids to write "Go the EXTRA mile" on the front of their index cards any way they choose.
- Encourage the kids to place these cards in their backpacks or somewhere they will see them all week long as a reminder to **be kinder than you have to be.**

**WHAT YOU SAY:**

"This week, you will have LOTS of chances to show kindness! But will you go the extra mile and **be kinder than you have to be**? Let's ask God to help us with that this week.

"Dear God, thank You for choosing to be kinder than You had to be by sending Your only Son, Jesus. This week, when we're tempted to just get by and do a little, help us remember how much You love us and to go the extra mile and do MORE to show kindness to the people around us. We love You, God. In Jesus' name we pray, amen."

As adults arrive to pick up, encourage the kids to show off their index cards and explain that "going the extra mile" means to **be kinder than you have to be.**

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## GETTING READY

HERE'S EVERYTHING YOU NEED TO KNOW TO GET READY FOR THIS WEEK

### SOCIAL: PROVIDING TIME FOR FUN INTERACTION (15 MINUTES)

Welcome kids and spend time engaging in conversation and catching up. Get ready to experience today's story.

**(Choose one or both of these activities.)**

#### 1. EARLY ARRIVER

*Made to Connect:* an activity that invites kids to share and collaborate with others while growing their understanding

**WHAT YOU NEED:**

- Offering container
- Hand sanitizer
- Paper
- Pencil

#### 2. OPENING ACTIVITY

*Made to Connect:* an activity that invites kids to share and collaborate with others while growing their understanding

**WHAT YOU NEED:**

- Print the "Kindness Bingo Card" Activity Pages on cardstock; one bingo card for each kid
- Pencils

### GROUPS: CREATING A SAFE PLACE TO CONNECT (25 MINUTES)

Create a safe place to connect and learn how the Bible story applies to real life experiences, through interactive activities and discussion questions.

**(Choose as many of these activities as you like.)**

\* If you don't have time to do all these activities, be sure to do activity #1.

#### \* 1. THE EXTRA MILE

**[TALK ABOUT GOD | BIBLE STORY REVIEW]**

*Made to Imagine:* an activity that promotes empathy and facilitates concrete application through role-play and reenactment

**WHAT YOU NEED:**

- Bibles
- Paper; one sheet for each kid
- Pencils

#### 2. EXTRA MILE TIC-TAC-TOE

**[LIVE FOR GOD | APPLICATION ACTIVITY]**

*Made to Move:* an activity that increases the oxygen in the brain and taps into the energy in the body

**WHAT YOU NEED:**

- Beanbags in two different colors; five of each color
- Nine sheets of paper
- Marker
  - In block letters, write one of the following at the top of each paper: TEACHER, FRIEND, SISTER, PARENT, BUS DRIVER, CLASSMATE, GRANDPARENT, BROTHER, GROCERY STORE CASHIER
- Floor tape
  - Tape a nine square (three squares by three squares) tic-tac-toe grid on the floor. Make each square large enough to tape a piece of paper inside it. Tape each paper inside one square.

#### 3. SHOUT IT OUT VERSE

**[HEAR FROM GOD | MEMORY VERSE ACTIVITY]**

*Made to Create:* an activity that explores ideas through the process of drawing, building, designing, and problem-solving

**WHAT YOU NEED:**

- Print the "Megaphone" Activity Page on cardstock; one for each kid
- Bibles
- Stapler
- Stickers
- Markers
- (Optional) Clear tape

#### 4. PRAY AND DISMISS

**[PRAY TO GOD | PRAYER ACTIVITY]**

*Made to Reflect:* an activity that creates space for personal processing and application

**WHAT YOU NEED:**

- Index cards
- Pens



WEEK  
**THREE**  
FEBRUARY 2021

SMALL GROUP

**2-3**

PRELUDE

SOCIAL

STORY

WORSHIP

GROUPS

HOME

## GETTING READY

HERE'S EVERYTHING YOU NEED TO KNOW TO GET READY FOR THIS WEEK

### HOME: PROMPTING ACTION BEYOND THE EXPERIENCE

- Print on cardstock or email this week's GodTime devotionals and Parent Cue cards.
- Tell parents about our additional family resources: **Studio252.tv** and the **Parent Cue app**.