



WEEK  
**ONE**  
FEBRUARY 2021

SMALL GROUP  
**PRETEEN**

## TODAY'S SUGGESTED SCHEDULE

### TODAY'S BIBLE STORY

**Humble and Kind**  
God Was Kind to Us  
Ephesians 4:32

### TODAY'S KEY QUESTION

What does kindness look like?

### TODAY'S BOTTOM LINE

Be kind to others because  
God is kind to you.

### MONTHLY MEMORY VERSE

**You are God's chosen people. You are holy and dearly loved. So put on tender mercy and kindness as if they were your clothes. Don't be proud. Be gentle and patient.**  
Colossians 3:12, NIV

### MONTHLY LIFE APP

**Kindness—Showing others they are valuable by how you treat them**

### BASIC TRUTH

**I should treat others the way I want to be treated.**

### PRELUDE: Setting the tone for the experience

See the **Getting Ready** pages at the end of this document for a detailed description of what you'll need for today. In the **Prelude** folder of your curriculum, you'll find a variety of other resources to help you prepare.

### SMALL GROUP

**15**  
MIN

#### **SOCIAL: Providing time for fun interaction**

Just for Fun  
Opening Activity

### LARGE GROUP

**35**  
MIN

#### **STORY: Communicating God's truth in engaging ways** **WORSHIP: Inviting people to respond to God**

Welcome/Opener  
Worship ("Friend Like You" from *This Love*, "Give a Little Kindness" from *This Love*, and "Good Good Father" from *Kidmin Worship Vol. 4*)  
Bible Story (Communicator Script)  
Key Question  
Prayer

### SMALL GROUP

**25**  
MIN

#### **GROUPS: Creating a safe place to connect**

Application Activity: Take a Snapshot  
Bible Story Review: Bible Story Review and Discussion Questions  
Memory Verse Activity: Verses to Take with You  
Prayer Activity: Make it Personal with Prayer

### HOME: Prompting action beyond the experience

Parent Cue Card (print or email)  
GodTime devotional for kids  
Studio252.tv  
Parent Cue App



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PROVIDING TIME FOR FUN INTERACTION  
15 MINUTES

## MADE TO EXPLORE

an activity that extends learning  
through hands-on experimentation  
and discovery



*Before kids arrive, take some time to quietly talk with God about your time with your kids today in Small Group. Pray that you would be able to help them connect kindness with the way that God is calling those who love Him to live, that it should be a "normal" way of treating others for Jesus-followers.*

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God Was Kind to Us  
Ephesians 4:32

## TODAY'S KEY QUESTION

**What does kindness look like?**

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**Be kind to others because  
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## MONTHLY MEMORY VERSE

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## MONTHLY LIFE APP

**Kindness—Showing others they are valuable by how you treat them**

## BASIC TRUTH

**I should treat others the way  
I want to be treated.**

## 1. JUST FOR FUN

**WHAT YOU NEED:** Offering container, bottles partially filled with water, (optional) mobile device

### WHAT YOU DO:

- Invite kids to put their offering in the offering container as they arrive.
- Challenge kids to flip the partially-filled water bottle so that it lands upright on a hard, flat surface. To flip the bottle:
  - Instruct kids to grab the neck of the bottle below the cap.
  - Guide kids to flick their wrist upwards and to let go of the bottle when their wrist is pointing upwards.
  - The bottle will spin in the air.
  - The goal is to get the bottle to land upright.
  - Give kids time to practice.
- To make it competitive, offer the following challenges:
  - How many times can kids get the bottle to land upright in a minute?
  - Can kids flip the bottle using their non-dominant hand?
  - How many successful flips can kids get in a row?
- Troubleshooting tips:
  - If no one can successfully get the bottle to land, try increasing/decreasing the amount of water in the bottle. Ideally, the bottle should be 1/4 - 1/3 full of water.
  - Practice letting go of the bottle sooner or later.
- It's highly likely your kids will already be well-practiced in flipping water bottles, but for a visual of how it's done, do an internet video search for "water bottle flip."



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15 MINUTES

## MADE TO PLAY

an activity that encourages learning through following guidelines and/or working as a group



## 2. OPENING ACTIVITY

**WHAT YOU NEED:** Individually wrapped candies, dice, plastic bags, markers

**WHAT YOU DO:**

- Gather kids in a circle and instruct them to sit an arm's length from each other.
- Give each kid a die.
- Spread out a layer of individually wrapped candies in the center of the circle.
- Explain that kids will play a game called "You're So Sweet." To play:
  - Kids take turns rolling a dice. For each number rolled, the "roller" performs the following actions:
    - Roll a 1: pick a piece of candy from the pile
    - Roll a 2: pick two pieces of candy from the pile
    - Roll a 3: skip their turn
    - Roll a 4: select a kid in the group to pick a piece of candy from the pile
    - Roll a 5: pick a piece of candy from the pile and skip the next kid's turn
    - Roll a 6: pick a piece of candy from the pile and the direction of the game reverses
  - The first kid to collect 10 pieces of candy wins.
  - Keep the pace of the game fast.
- Allow kids to keep their candy.
- Provide plastic bags and instruct kids to put their candy in the bag and to write their name on the bags.
- Before heading to Large Group, instruct kids to set their die on their zip-top bag (so they don't end up sharing supplies and germs).
  - Kids will use the dice again in the Bible Extension Activity

## TODAY'S BIBLE STORY

**Humble and Kind**  
God Was Kind to Us  
Ephesians 4:32

## TODAY'S KEY QUESTION

What does kindness look like?

## TODAY'S BOTTOM LINE

Be kind to others because  
God is kind to you.

## MONTHLY MEMORY VERSE

You are God's chosen people. You are holy and dearly loved. So put on tender mercy and kindness as if they were your clothes. Don't be proud. Be gentle and patient.  
Colossians 3:12, NIV

**WHAT YOU SAY:**

"Candy is definitely sweet! So is chocolate cake and ice cream! Sometimes we even describe people as being sweet. Maybe you have heard someone say, "SHE is so sweet!" Or "That was such a sweet thing he did!" **[Transition] Let's head to Large Group to hear about what is better than being so sweet."**

Lead your group to the Large Group area.

## MONTHLY LIFE APP

Kindness—Showing others they are valuable by how you treat them

## BASIC TRUTH

I should treat others the way  
I want to be treated.



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CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

## MADE TO CONNECT

an activity that invites kids to share and collaborate with others while growing their understanding



## 1. TAKE A SNAPSHOT

[LIVE FOR GOD | APPLICATION ACTIVITY]

**WHAT YOU NEED:** Index cards, markers

### WHAT YOU DO:

- Gather kids in a circle and instruct them to sit arm's length from each other.
- Give kids three to five index cards and a marker.
- Challenge kids to finish the sentence, "Kindness is . . ." with an action statement.
  - For example: Kindness is when my mom makes my favorite dinner.
- Encourage kids to think of times when they have experienced kindness at school or when a family member or a friend did something that made them feel special or important.
- Ask kids to write each example on a separate index card.
- Allow kids to share their responses with the group.
- Group similar sentences by putting the matching index cards together in the center of the circle.
- Ask:
  - Out of our responses here, what was the most common example of a way to show kindness?
  - What was the most unique way?
- Pick a couple of cards and ask:
  - How would this show someone they are valuable? For example: How would sharing your lunch show someone they are valuable?
  - How does God show us kindness? How does He show us we are valuable?

## TODAY'S BIBLE STORY

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## MADE TO IMAGINE

an activity that promotes empathy and facilitates concrete application through role-play and reenactment



## 2. BIBLE STORY EXTENSION

[TALK ABOUT GOD | BIBLE STORY REVIEW]

**WHAT YOU NEED:** Bibles, dice, masking tape, a coin

### WHAT YOU DO:

- Give kids a Bible.
- Look up and read Ephesians 4:31-32.
- To review, consider asking:
  - What does this verse say about kindness? What does kindness look like?
  - Is it easy or hard to be kind if you are holding on to a grudge or holding onto hard feelings? Why?
  - Why is forgiving someone a way to show kindness? How could forgiving someone show them they are valuable to you and to God?
  - What are some ways Jesus showed kindness? What did He do to show people they were valuable? (*He forgave people, didn't fight, was humble, fed people, helped people when they were sick, listened to people, encouraged people, etc.*)
- Instruct kids to get their dice from the Get Your Head in the Game activity.
- Use the masking tape to create a starting line at one end of the environment.
- Line kids up on the starting line.
- Create a finish line at the opposite end of the environment.
- Divide the group into two teams and assign one team "Heads" and one team "Tails."
- Flip a coin to determine what team gets to go first and then read a scenario from the list below.
- Guide teams to take turns (starting with the team that won the coin toss) coming up with ways someone could show kindness in the situation you just read about.
- Remind kids to think of ways Jesus showed kindness and challenge them to consider how they might reflect Jesus' kindness in the given scenario.
- Let teams keep taking turns sharing different ways to show kindness until they run out of ideas.
  - As kids run out of ideas, they'll start to get more and more "creative" with what they come up with. You are the judge of whether or not some of the later ideas count.
- For each example a team gives, instruct everyone on the team to roll their dice and to each take the number of steps shown on their dice towards the finish line.
- The first team to get all of their players to the finish line wins.
- Scenarios are:
  - Your friend had another bad day at school. Your first response is to stay away until they are in a better mood, but what would it look like to flip your response to show kindness first?

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**Humble and Kind**  
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## (2. BIBLE STORY EXTENSION, CONTINUED)

- Your brother spilled chocolate milk all over your homework assignment. Your first response is to yell at him, but what would it look like to flip your response to show kindness first?
- A new kid moved into your neighborhood. You don't know what to say to them, and you feel awkward because you don't know them, so your first response is to avoid them. But what would it look like to flip your response to show kindness first?
- You are really mad at your friend. Your first response is to give them the silent treatment, but what would it look like to flip your response to show kindness first?
- Two of your friends are in a fight. Your first response is to pick sides, but what would it look like to flip your response to show kindness first?
- Your locker at school is next to a kid who annoys you. Your first response is to ignore them, but what would it look like to flip your response and show kindness first?
- Your mom was about to drive you to your friend's house when a neighbor stopped by unexpectedly. They have been talking forever, and you are ready to go. Your first response is to sigh heavily and give your mom a look that says, "LET'S GO NOW!" But what would it look like to flip your first response to show kindness first?
- Your brother is nervous about the first day of kindergarten. Your first response is to tease him about being nervous and tell him that kindergarten is no big deal, but what would it look like to flip your response to show kindness first? *(This is an opportunity to revisit the Memory Verse from January, Ephesians 4:29 and review what it looks like to show kindness by encouraging others according to their needs)*





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25 MINUTES

### MADE TO CONNECT

an activity that invites kids to share  
and collaborate with others while  
growing their understanding



### 3. DISCUSSION QUESTIONS

[TALK ABOUT GOD | BIBLE STORY REVIEW]

**WHAT YOU NEED:** No supplies needed

#### WHAT YOU DO:

##### Ask:

- Would you rather be described as being nice or kind? Why?
- What's something kind someone did for you lately?
- What's something kind you did for someone else lately?
- Often our first response isn't always to show kindness. What can you do to remind yourself to respond with kindness first?
- Why is kindness important? How do you feel when someone is kind to you versus when someone is unkind to you?
- God showed us kindness by sending Jesus. What are some ways Jesus showed others they were valuable? How was Jesus kind to others? (*forgave people, didn't fight, was humble, fed people, helped people when they were sick, listened to people, encouraged people, etc.*)

### TODAY'S BIBLE STORY

#### Humble and Kind

God Was Kind to Us  
Ephesians 4:32

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be proud. Be gentle and patient.

Colossians 3:12, NIV

### MONTHLY LIFE APP

Kindness—Showing others they are  
valuable by how you treat them

### BASIC TRUTH

I should treat others the way  
I want to be treated.



## MADE TO MOVE

an activity that increases the oxygen in the brain and taps into the energy in the body



## 4. VERSE TO TAKE WITH YOU

[HEAR FROM GOD | MEMORY VERSE ACTIVITY]

**WHAT YOU NEED:** Containers, two sets of "Sentence Cards" Activity Page, tape, clothing, Bibles

### WHAT YOU DO:

- Give kids a Bible.
- Look up and read the memory verse together, Colossians 3:12.

***Finding verses with 4th-5th graders:** Our verse is from Colossians. Ask kids to tell you whether that's in the Old Testament or the New Testament. (New) So we know it's toward the back of the Bible. When they find Colossians, explain that the big numbers on the page are the chapter numbers. Tell them to find chapter 3. Explain that the small numbers are verse numbers. Tell them to find verses 12 in chapter 3.*

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- Establish a starting line using masking tape.
- Divide the group into two teams.
- Give each kid a "Sentence Card," making sure that each team has one complete set of cards.
  - If you have more cards than kids, give some kids two consecutive sentence cards.
- Spread out several articles of clothing and instruct kids to each pick one article of clothing.
- Instruct kids to tape their "Sentence Card" to their article of clothing.
- Place two containers on the other side of the environment across from each team.
- Ask kids to put their clothing in their team's container and then line up on the starting line across from their container.
- When you say, "Go!" kids will take turns racing to their container, selecting an article of clothing, putting it on, and returning to their team.
- The first team to put on their clothes and line up on the starting line in the correct order of the memory verse wins.
- After a winner is declared, instruct kids to remove the "Sentence Cards" from the clothes and return the clothing back in the containers.
- Gather kids in a circle and instruct them to spread out a bit.
- Review the verse by asking:
  - According to Colossians 3:12, how should we should treat others? (*be kind, be merciful, be gentle, be patient*)
  - How can being gentle or patient show someone they matter?
  - Why do you think Paul, the writer of Colossians, compared being kind to putting on your clothes? (*You put on clothes every day, you don't leave your house without clothes, you don't forget your clothing just like you shouldn't forget to be kind, etc.*)
  - Why does Paul say we should show kindness? (*This is an opportunity to discuss how God loves us and God is kind to us so we should be kind to others.*)





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CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

## MADE TO REFLECT

an activity that creates space  
for personal processing  
and application



## 5. MAKE IT PERSONAL WITH PRAYER [PRAY TO GOD | PRAYER ACTIVITY]

**WHAT YOU NEED:** Six pennies

### WHAT YOU DO:

- Gather kids in a circle and instruct them to sit an arm's length from each other.
- Line up six pennies on a smooth surface (table, clipboard or white board).
- Make sure the pennies are touching.
- Move the end penny two inches from the line and slide it towards the row of pennies, hitting the penny on one end of the row.
- Ask kids what they observed. (*The penny at the end of the row moved. A chain reaction occurred – the movement of one penny resulted in the movement of another penny*)
- Repeat the activity again; however, before you slide the penny toward the row, say, "God took the first step moving towards us and showing kindness to us."
- After the opposite penny moves, say, "So we should move toward others and show kindness."
- Ask:
  - What are some ways God has been kind to us?
  - Because God is kind to us, how can we show kindness to others?
- Close in prayer thanking God for His kindness towards us and asking for His direction to show kindness to others.

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**What does kindness look like?**

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Colossians 3:12, NIV

## MONTHLY LIFE APP

**Kindness—Showing others they are valuable by how you treat them**

## BASIC TRUTH

**I should treat others the way  
I want to be treated.**

### WHAT YOU SAY:

"God, You are so kind to us! Thank You for dearly loving us, for forgiving us, for providing for us, for being patient with us (*be sure to include the answers kids gave to ways God has been kind*). Just like we put on our clothes each day, God, help us to put on kindness. God, help us to show others by the way we treat them that they are valuable to us and more importantly they are valuable to You. Amen!



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## GETTING READY

HERE'S EVERYTHING YOU NEED TO KNOW TO GET READY FOR THIS WEEK

### SOCIAL: PROVIDING TIME FOR FUN INTERACTION (15 MINUTES)

Welcome kids and spend time engaging in conversation and catching up. Get ready to experience today's story.

**(Choose one or both of these activities.)**

#### 1. JUST FOR FUN

**Made to Explore:** an activity that extends learning through hands-on experimentation and discovery

**WHAT YOU NEED:**

- Offering container
- Plastic bottles with caps; minimum 2-3 for each Small Group.
  - Fill each bottle 1/4-1/3 of the way full with water. For example: For a 16.9 oz recycled water bottle, fill it with 4-5 oz of water (1/4-1/3 of the way full).
- (Optional) Mobile phone

#### 2. OPENING ACTIVITY

**Made to Play:** an activity that encourages learning through following guidelines and/or working as a group

**WHAT YOU NEED:**

- Individually wrapped candies, e.g. Jolly Rancher hard candies, Hersey's Kisses. Provide at least 10 pieces for each kid.
- Dice; one for each kid
- Zip-top bags; one for kid
- Markers

### GROUPS: CREATING A SAFE PLACE TO CONNECT (25 MINUTES)

Create a safe place to connect and learn how the Bible story applies to real life experiences, through interactive activities and discussion questions.

**(Choose as many of these activities as you like.)**

#### 1. TAKE A SNAPSHOT

**[LIVE FOR GOD | APPLICATION ACTIVITY]**

**Made to Connect:** an activity that explores ideas through the process of drawing, building, designing, and problem-solving

**WHAT YOU NEED:**

- Index cards; three to five for each kid
- Markers

#### 2. BIBLE STORY EXTENSION

**[TALK ABOUT GOD | BIBLE STORY REVIEW]**

**Made to Imagine:** an activity that promotes empathy and facilitates concrete application through role-play and reenactment

**WHAT YOU NEED:**

- Bibles
- A coin
- Dice; one for each kid
- Masking tape

#### 3. DISCUSSION QUESTIONS

**[TALK ABOUT GOD | BIBLE STORY REVIEW]**

**Made to Connect:** an activity that invites kids to share and collaborate with others while growing their understanding

**WHAT YOU NEED:**

- No supplies needed

#### 4. VERSE TO TAKE WITH YOU

**[HEAR FROM GOD | MEMORY VERSE ACTIVITY]**

**Made to Move:** an activity that increases the oxygen in the brain and taps into the energy in the body

**WHAT YOU NEED:**

- Containers; two for each small group
  - Large enough to hold several articles of clothing
- Articles of clothing; one for each kid
  - Ideally oversized shirts, pants, or shorts but any clothing article will work.
- Print the "Sentence Card" Activity Page and cut apart; two sets for each small group
- Masking tape
- Bibles

#### 5. MAKE IT PERSONAL WITH PRAYER

**[PRAY TO GOD | PRAYER ACTIVITY]**

**Made to Reflect:** an activity that creates space for personal processing and application



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## GETTING READY

HERE'S EVERYTHING YOU NEED TO KNOW TO GET READY FOR THIS WEEK

### WHAT YOU NEED:

- Six pennies

### HOME: PROMPTING ACTION BEYOND THE EXPERIENCE

- Print on cardstock or email this week's GodTime devotionals and Parent Cue cards.
- Tell parents about our additional family resources: **Studio252.tv** and the **Parent Cue app**.