



TODAY'S SUGGESTED SCHEDULE

TODAY'S BIBLE STORY

One More Time
Go the Extra Mile
Matthew 5:41

TODAY'S KEY QUESTION

Have you ever received unexpected kindness?

TODAY'S BOTTOM LINE

Be kinder than you have to be.

MONTHLY MEMORY VERSE

You are God's chosen people. You are holy and dearly loved. So put on tender mercy and kindness as if they were your clothes. Don't be proud. Be gentle and patient.
Colossians 3:12, NIV

MONTHLY LIFE APP

Kindness—Showing others they are valuable by how you treat them

BASIC TRUTH

I should treat others the way I want to be treated.

PRELUDE: Setting the tone for the experience

See the **Getting Ready** pages at the end of this document for a detailed description of what you'll need for today. In the **Prelude** folder of your curriculum, you'll find a variety of other resources to help you prepare.

SMALL GROUP

15
MIN

SOCIAL: Providing time for fun interaction

Just for Fun
Opening Activity

LARGE GROUP

35
MIN

STORY: Communicating God's truth in engaging ways WORSHIP: Inviting people to respond to God

Welcome/Opener
Worship ("Live Differently" from *Kidmin Worship Vol. 5*, "Trust You with My Heart" from *This Love*, and "Close" from *Walk This Way*)
Bible Story (Communicator Script)
Key Question
Prayer

SMALL GROUP

25
MIN

GROUPS: Creating a safe place to connect

Application Activity: Take a Snapshot
Bible Story Review: Bible Story Review and Discussion Questions
Memory Verse Activity: Verses to Take with You
Prayer Activity: Make it Personal with Prayer

HOME: Prompting action beyond the experience

Parent Cue Card (print or email)
GodTime devotional for kids
Studio252.tv
Parent Cue App



PRELUDE SOCIAL STORY WORSHIP GROUPS HOME

PROVIDING TIME FOR FUN INTERACTION
15 MINUTES

MADE TO MOVE

an activity that increases the oxygen in the brain and taps into the energy in the body



Before kids arrive, take a couple of minutes to lift up your time together with your kids up to God in prayer. Ask Him for patience and wisdom. Ask God to give you insight into what each of your kids needs from you (and Him) today. Pray that your kids would be inspired to go the extra mile for someone in their lives this week.

TODAY'S BIBLE STORY

One More Time
Go the Extra Mile
Matthew 5:41

1. JUST FOR FUN

WHAT YOU NEED: Offering container, sticky notes, masking tape

WHAT YOU DO:

- Invite kids to put their offering in the offering container as they arrive.
- Challenge kids to see how high they can jump and touch the wall.
- Use a sticky note to mark where their hand touches the wall.
- Encourage them to see if they can jump even higher and reach even farther up the wall.
- If time allows, make a line with masking tape.
- Challenge kids to stand on the tape and see how far they can leap forward.
- Encourage kids to leap even farther with each attempt.

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PRELUDE

SOCIAL

STORY

WORSHIP

GROUPS

HOME

PROVIDING TIME FOR FUN INTERACTION
15 MINUTES

MADE TO EXPLORE

an activity that extends learning through hands-on experimentation and discovery

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2. OPENING ACTIVITY

WHAT YOU NEED: Cups, cardboard tubes, tape, ruler or yardstick

WHAT YOU DO:

- Instruct kids to stand a safe and comfortable distance apart along a wall in the environment.
 - If you have multiple groups in one room, groups can share wall space, or some groups could use a table turned on its side.
- Give each kid a ping pong ball, a cup, tape, and a set of cardboard tubes cut in half (four to six chutes).
 - *Optional:* Kids can be grouped into teams of two or three for this activity.
- Tell kids they're going to construct a "Ping Pong Run." (See the example video at <https://bit.ly/37flseO> for a visual of how this will work.)
 - Tell kids to place the cup against the wall.
 - Then instruct kids to tape one cardboard tube to the wall at an angle and distance so that when a ping pong ball is released at the top of the tube, it travels the length of the tube and lands in the cup.
 - Allow kids some time for trial and error to figure out where they need to place the tube.
 - Once the ping pong ball lands in the cup successfully, encourage kids to keep going and add another tube to the wall.
 - The ping pong ball now needs to travel the length of two tubes and land in the cup.
 - Increase the degree of difficulty by challenging kids to increase the distance between the tubes while still land the ball in the cup.
 - Encourage kids to keep adding tubes to their "Ping Pong Run" to see how long they can make it.
 - Allow kids to measure the length of their "Ping Pong Runs."

WHAT YOU SAY:

"Way to go the extra mile to create such long "Ping Pong Runs!" **[Transition]** **Let's head to Large Group to hear what Jesus has to say about going extra long distances."**

Lead your group to the Large Group area.



WEEK

THREE

FEBRUARY 2021

SMALL GROUP

PRETEEN

PRELUDE

SOCIAL

STORY

WORSHIP

GROUPS

HOME

CREATING A SAFE PLACE TO CONNECT
25 MINUTES

MADE TO IMAGINE

an activity that promotes empathy and facilitates concrete application through role-play and reenactment



1. TAKE A SNAPSHOT

[LIVE FOR GOD | APPLICATION ACTIVITY]

WHAT YOU NEED: Index cards, markers/pencils, timer or mobile device

WHAT YOU DO:

- As a group, brainstorm things kids have to do that aren't exciting.
 - Encourage kids to think of chores they have to do, like make their bed or take out the trash. Or things their parents often remind them to do, like homework, brushing their teeth, or playing with a younger sibling.
- Write each example on an index card.
- Divide the group into two teams.
- Shuffle the index cards and use them to play charades.
 - Teams take turns selecting a teammate to be the actor.
 - Set a timer for 30-60 seconds.
 - The actor draws a card and acts out what is on the card without making a sound.
 - Their team tries to guess what is written on the card.
 - If the team guesses correctly before time runs out, award the team a point.
 - If they cannot guess correctly before time is up, the opposing team gets an opportunity to guess and steal the point.
 - For each index card, either team can earn an extra point by finish following sentence, "When I am asked to (fill in with action on the index card) I can go the extra mile by . . ."
 - To prompt teams, encourage them to think about how they could do a little more than what they were asked to do.

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25 MINUTES

MADE TO CREATE

an activity that explores ideas through the process of drawing, building, designing, and problem-solving



2. BIBLE STORY EXTENSION

[TALK ABOUT GOD | BIBLE STORY REVIEW]

WHAT YOU NEED: Cardstock, markers, decorating supplies

WHAT YOU DO:

- Encourage kids to sit in a circle and to sit a safe and comfortable distance from each other.
- Guide kids to imagine they are part of the crowd sitting on the mountainside listening to Jesus speak. Jesus says, "If someone forces you to go one mile, go with him two miles."
- Ask:
 - What did that mean to the people listening to Jesus on the mountainside? *(If necessary, remind kids the people on the mountainside had to obey the laws of Rome, including the law that any Roman soldier could force a Jewish person to carry his pack for one mile.)*
 - How would you feel if you had to carry a Roman soldier's heavy pack?
 - After walking a mile with a heavy pack, I would be ready to be done; I would want to set the pack down and walk away. However, imagine saying to a Roman soldier, "How about I carry this another mile for you?" Why would that be an example of unexpected kindness?
- Tell kids that one way to show people unexpected kindness and to show them they are valuable is to send a card to encourage them.
- Set out cardstock and supplies to decorate cards.
- Guide kids to make cards for a local organization, e.g. a senior living facility or a local hospital.
- Encourage kids to write something kind in the card, related to who the cards are going to.
- As kids work on their cards, encourage them to share stories when someone was kind to them and they didn't expect it.
- **[Make it Personal]** *(Be sure to share an example when you received unexpected kindness. Maybe someone gave you a gift and it wasn't even your birthday. Or someone raked your leaves and you don't even know who it was.)*

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PRELUDE SOCIAL STORY WORSHIP GROUPS HOME

CREATING A SAFE PLACE TO CONNECT
25 MINUTES

MADE TO CONNECT

an activity that invites kids to share and collaborate with others while growing their understanding



3. DISCUSSION QUESTIONS
[TALK ABOUT GOD | BIBLE STORY REVIEW]

WHAT YOU NEED: No supplies needed

WHAT YOU DO:

Ask:

- Why is it unexpected when someone is kinder than they have to be?
- What about having basic manners, like saying “please” or holding a door open for someone? Is that being kinder than you have to be? Why or why not?
- Challenge kids to think of way they could be kinder than what is expected:
 - Family and friends
 - The annoying kid at school
 - Your teacher or coach

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PRELUDE SOCIAL STORY WORSHIP GROUPS HOME

CREATING A SAFE PLACE TO CONNECT
25 MINUTES

MADE TO REFLECT

an activity that creates space for personal processing and application



4. VERSE TO TAKE WITH YOU
[HEAR FROM GOD | MEMORY VERSE ACTIVITY]

WHAT YOU NEED: Alphabet beads, Bibles

WHAT YOU DO:

- Give kids a Bible.
- Look up the memory verse, Colossians 3:12, together.
- Allow kids to recite the verse from memory if any of them have it memorized.
- Explain that "holy" means to be set apart. As a follower of Jesus, being "set apart" often means your actions look different than what people typically expect.
 - For example, being holy is choosing to be kinder than people expect you to be – going the extra mile.
- Ask:
 - Can you think of a situation when it would be difficult to be patient? (*Allow kids to share ideas*) What would it look like to choose to be even more patient than what might be expected?
 - What does it mean to not be proud? (*Guide the conversation to being humble and focusing on building others up instead of bragging about yourself*) What would it look like to be even more humble than what might be expected?
 - As Jesus followers, when we go the extra mile to show people they are valuable, what are we showing them about Jesus?
- Divide kids into groups of two or three.
- Give each team a pile of alphabet beads.
- Let kids race to "set apart" beads to spell the word "KINDNESS."
- After teams spell "KINDNESS" once, encourage them to go the extra mile and find more "KINDNESS."
- Encourage the group to see how many times they can "set apart" beads to spell the word "KINDNESS."

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an activity that creates space for personal processing and application



5. MAKE IT PERSONAL WITH PRAYER
[PRAY TO GOD | PRAYER ACTIVITY]

WHAT YOU NEED: Cards from the Bible Story Extension Activity

WHAT YOU DO:

- Encourage kids to sit in a circle and to sit a safe and comfortable distance from each other.
- Place the cards from the Bible Story Extension Activity in the center of the circle.
- As a group, pray over the cards.
- Pray for the people receiving the cards that they would know that they are valuable and that they are dearly loved by God.
- Close prayer time by thanking God for the kindness He shows us every day and asking Him to show us ways we can choose to be kinder than we have to be.

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SOCIAL

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HOME

GETTING READY

HERE'S EVERYTHING YOU NEED TO KNOW TO GET READY FOR THIS WEEK

SOCIAL: PROVIDING TIME FOR FUN INTERACTION (15 MINUTES)

Welcome kids and spend time engaging in conversation and catching up. Get ready to experience today's story.

(Choose one or both of these activities.)

1. JUST FOR FUN

Made to Move: an activity that increases the oxygen in the brain and taps into the energy in the body

WHAT YOU NEED:

- Offering container
- Sticky notes
- Masking tape

2. OPENING ACTIVITY

Made to Explore: an activity that extends learning hog fight hands on experimentation and discovery

WHAT YOU NEED:

- Cardboard tubes (for example: empty paper towel or toilet paper rolls); four to six roll halves for each kid.
 - Cut the rolls in half lengthwise.
- Cups; one for each kid
- Ping pong balls; one for each kid
- Tape

GROUPS: CREATING A SAFE PLACE TO CONNECT (25 MINUTES)

Create a safe place to connect and learn how the Bible story applies to real life experiences, through interactive activities and discussion questions.

(Choose as many of these activities as you like.)

1. TAKE A SNAPSHOT

[LIVE FOR GOD | APPLICATION ACTIVITY]

Made to Imagine: an activity that promotes empathy and facilitates concrete application through role-play and reenactment

WHAT YOU NEED:

- Ten index cards
- Markers or pencils
- Timer or mobile device

2. BIBLE STORY EXTENSION

[TALK ABOUT GOD | BIBLE STORY REVIEW]

Made to Create: an activity that explores ideas through the process of drawing, building, designing, and problem-solving

WHAT YOU NEED:

- Identify a local organization kids could make cards for to encourage people. For example: a local senior living community or local school.
- Cardstock, cut in half; one half for each kid.
- Decorating materials – Supplies can include: stickers, stamps, ink, markers, tissue paper, glue, ribbon, stencils, scissors, construction/colored paper, hole punch, yarn, etc.
- *Optional:* Instead of cards, kids can make "Kindness Bookmarks" to donate to local libraries or schools. If you choose this option, provide cardstock cut for bookmarks (approximately 8.5"x2.5")

3. DISCUSSION QUESTIONS

[TALK ABOUT GOD | BIBLE STORY REVIEW]

Made to Connect: an activity that invites kids to share and collaborate with others while growing their understanding

WHAT YOU NEED:

- No supplies needed

4. VERSE TO TAKE WITH YOU

[HEAR FROM GOD | MEMORY VERSE ACTIVITY]

Made to Reflect: an activity that creates space for personal processing and application

WHAT YOU NEED:

- Assorted alphabet beads – beads can be different sizes and colors. Kids will search for letters to spell the word: kindness. To ensure kids can spell "KINDNESS" you can purchase sorted alphabet beads at Amazon <https://amzn.to/3OR5Zxg>
- Bibles

5. MAKE IT PERSONAL WITH PRAYER

[PRAY TO GOD | PRAYER ACTIVITY]

Made to Reflect: an activity that creates space for personal processing and application



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HOME

GETTING READY

HERE'S EVERYTHING YOU NEED TO KNOW TO GET READY FOR THIS WEEK

WHAT YOU NEED:

- Cards from the Bible Story Extension Activity

HOME: PROMPTING ACTION BEYOND THE EXPERIENCE

- Print on cardstock or email this week's GodTime devotionals and Parent Cue cards.
- Tell parents about our additional family resources: **Studio252.tv** and the **Parent Cue app**.