

LIST 1

1. Read all the instructions below first, and then try to be the first to complete the race.
2. Quack like a duck five times.
3. Sing "Happy Birthday" to someone named Jim-Bo.
4. Twirl like a ballerina five times while saying, "I feel pretty."
5. Repeat four times: "Silly Sally Slurps Soup."
6. Do four jumping jacks while barking like a dog.
7. Say your middle name in a squealy, high-pitched voice.
8. Pretend to gargle while counting to five.
9. Say the alphabet as fast as you can while standing on one foot.
10. Skip numbers two through nine. Put the paper on the floor and stand on it. Don't tell others what to do, just watch them being ridiculous.

LIST 3

1. Read all the instructions below then be the first to complete the race.
2. Say your middle name in a squealy, high-pitched voice.
3. Twirl like a ballerina five times while saying, "I feel pretty."
4. Do 4 jumping jacks while barking like a dog.
5. Say the alphabet as fast as you can while standing on one foot.
6. Quack like a duck five times.
7. Pretend to gargle while counting to five.
8. Sing "Happy Birthday" to someone named Jim-Bo.
9. Repeat four times: "Silly Sally Slurps Soup."
10. Skip numbers two through nine. Put the paper on the floor and stand on it. Don't tell others what to do, just watch them being ridiculous.

LIST 2

1. Read all the instructions below first, and then try to be the first to complete the race.
2. Say the alphabet as fast as you can while standing on one foot.
3. Quack like a duck 5 times.
4. Repeat four times: "Silly Sally Slurps Soup."
5. Sing "Happy Birthday" to someone named Jim-Bo.
6. Pretend to gargle while counting to five.
7. Twirl like a ballerina five times while saying, "I feel pretty."
8. Do four jumping jacks while barking like a dog.
9. Say your middle name in a squealy, high-pitched voice.
10. Skip numbers two through nine. Put the paper on the floor and stand on it. Don't tell others what to do, just watch them being ridiculous.

LIST 4

1. Read all the instructions below first, and then try to be the first to complete the race.
2. Sing "Happy Birthday" to someone named Jim-Bo.
3. Do four jumping jacks while barking like a dog.
4. Quack like a duck five times.
5. Pretend to gargle while counting to five.
6. Twirl like a ballerina five times while saying, "I feel pretty."
7. Repeat four times: "Silly Sally Slurps Soup."
8. Say the alphabet as fast as you can while standing on one foot.
9. Say your middle name in a squealy, high-pitched voice.
10. Skip numbers two through nine. Put the paper on the floor and stand on it. Don't tell others what to do, just watch them being ridiculous.

What to Do:

Print one for every four kids.

"Patience Race" Activity Pages

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